

Bonaparte First Nation

2689A Sage Hill Rd., Hwy 97N, Box 669 Cache Creek, BC V0K 1H0
Tel: (250) 457-9624 Fax: (250) 457-9550



RE: COVID-19 Preparedness Plan

DATE: August 30th, 2021

The Bonaparte First Nation Health Department have revisited the COVID-19 Community Preparedness Plan with Council. The amendments included were items such as the following:

- Updated emergency contacts list
- The definition of "confirmed cases"
- Cultural supports to be provided as requested to the Cultural Enrichment Department

To view the updated COVID-19 Community Preparedness Plan, [click here](#).

To get tested for COVID-19, please contact Angie Pigeon at 250-457-9624 – EXT 228.

Questions may be directed to the Acting Health Director at 250-457-9624 – EXT 239.

Preparedness Plan



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Values:

Knucwentw'ecw – help one another

Y'ucwementwecw – take care of each other

Chief and Council approved:

Date: Jan 25, 2021

COVID-19 Preparedness Plan:

This plan is prepared to ensure the safety of all community members.



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Stage 1: Safety Plan for Community

No confirmed cases of COVID-19. Continue to use preventative measures.

- 1) No confirmed cases of Covid-19.
 - a) No security necessary, Continue to use preventative measures
 - b) IR#1 and IR#2 will utilize gates
 - c) All visitors will need to answer screening questions
 - d) Signage has been posted at the entrances. **NO UNECESSARY VISITORS DUE TO COVID-19.**
 - e) Requesting all community members provide us with an up-to-date contact #. Please call the front desk and speak with reception at the health centre.
 - f) Deliver food to known confirmed cases only to help with their self-isolation.



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Stage 2: 3 household confirmed cases of Covid-19 on reserve would be classified as an outbreak.

We will initiate a 14-day isolation period that is IR specific. Example: If 3 households in IR #2 have been confirmed positive and no other households in the community then only IR #2 will be on Stage 2.

1) Security:

- a) Security at main entrance 8am- 8pm daily. Two people rotating for breaks (IR #3)
- b) Recommendation: Operations and Maintenance and other departments will help support security at both IR#1 and IR#2, during work hours.
- c) All vehicles will need to sign in at wellness checkpoint. All visitors must be pre-approved by those listed on Appendix C – Emergency Contact List.
- d) Rotating schedule for staff – work from home with all essential services still being provided.
- e) Zoom meeting only-no face-to-face meetings will be held.
- f) Pre-approved contractors and delivery drivers will be allowed access if they pass the wellness check points (Temperature sensitive and sign in a must)
- g) Food and water delivery for homes with confirmed Covid-19 cases. Water delivery done by volunteer staff. Food delivery will be done by designated health vehicles to homes with confirmed Covid-19 cases.
- h) Two vehicle tags will be provided to each household-if more needed contact Health Office
- i) Those who do not have gates on IR#1 and IR#2, will be required to monitor own entrances to their residences to help prevent unnecessary visitors.
- j) Travel restricted for community members. We will be utilizing BC Ministry of Health guidelines. How to avoid contact with others, to protect the health of your family, friends, and community, you need to stay at home and do not have visitors. Do not go to public areas including stores, shopping malls, and restaurants. We ask that you cancel and reschedule appointments. If leaving your home for medical care, avoid face to face, and contact with other persons.
- k) On-reserve businesses will be expected to provide their Covid-19 Safety Plan to the Health Director.



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Stage 3: Safety Plan for Community

4+ household confirmed cases of Covid-19 on reserve is an outbreak.

We will initiate full lockdown on IR1, IR#2, and IR#3 until rescinded to stage 2.

1) Security

- a) Full lockdown IR #1, IR#2, and IR#3
- b) No visitors. No contractors. No delivery people.
- c) 24/7 security 8am-8pm/8pm-8am. Two people rotating.
- d) Recommendation: Operation and Maintenance (O+M) will help support security by monitoring IR#1 and IR#2, during work hours. Other departments will be encouraged to participate.
- e) Work from home, with essential services being provided.
- f) All staff will need to answer screening questions at wellness check points.
- g) Visitor vehicle tags will be provided to any service providers (nurses only exception)
- h) Food delivery and water deliver would continue as in stage 2.
- i) All homes will be isolating at this time. Only to leave for work and one person designated to pick up essential.

Appendices



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2689A Sage Hill Rd., Hwy 97N, Box 669 Cache Creek, BC V0K 1H0
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August 31, 2021,

Hello Bonaparte Community Members,

Re: Self-isolation supports

If you have been mandated to self-isolate due to COVID-19 symptoms, under the advice from an appropriate health care provider, and you are not able to self-isolate safely at home, alternative accommodations (like a hotel) in Cache Creek or Kamloops (depending on the severity of your symptoms) can be provided. Please contact Angie Thorne/Acting Health Director – work phone: 457-6233 ext. 239; cell 250-457-1307; or email SocialDev@bonaparte.band. You can also call Health Benefits at 1-888-305-1505 (Monday-Sunday from 8:30am-4:30pm)

Additional supports available through First Nations Health Authority are:

- Transportation and meals may be eligible for individuals
- Support for escorts may be eligible (accommodations, travel and meals)
- Support for childcare may be eligible where caregivers are required to isolate
- Delivery of groceries and medicines
- Communication support including phone cards or communication devices for individuals in isolation in order to ensure they have access to online health resources (e.g., virtual Doctor of the Day)
- Mental Health services and cultural supports for individuals.

If you have any questions, please let me know.

Respectfully,

Angie Thorne,
Acting Health Director
SocialDev@bonaparte.band

LEGEND:

PLEASE UTILIZE THESE SIGNS IN A WINDOW THAT IS VISIBLE TO HEALTH STAFF AND HEALTH PROVIDERS.

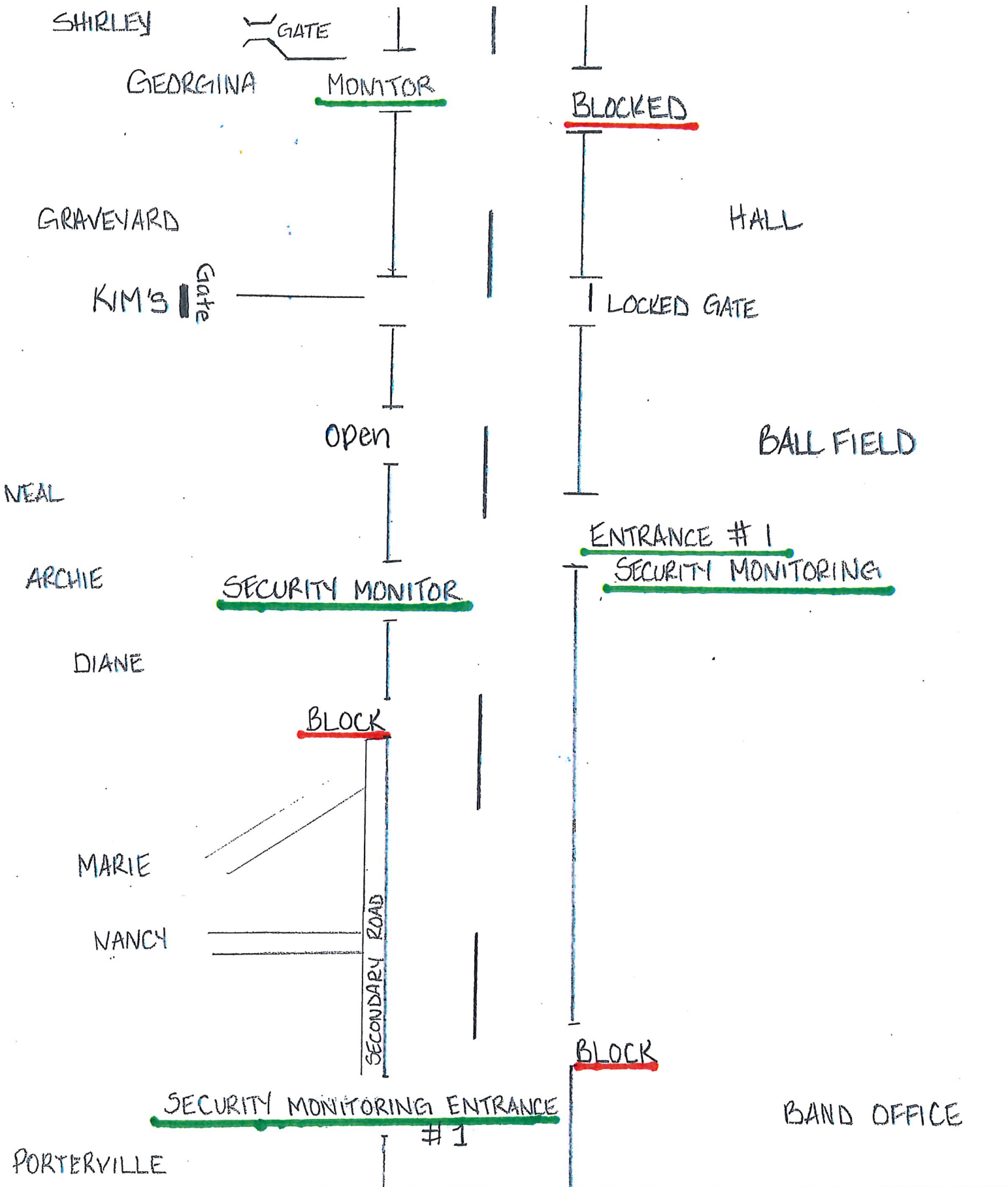
THESE SIGNS WILL BE USED AS A COMMUNICATION TOOL FOR YOU

GREEN: FOLLOWING SOCIAL DISTANCING

YELLOW: ALERTING HEALTH STAFF TO CHECK TO SEE IF YOU NEED ANY SUPPLIES AND SERVICES.

RED: HEALTH STAFF WILL BE SUPPORTING YOU ON A DIFFERENT LEVEL THROUGH FNHA OR INTERIOR HEALTH AUTHORITY.





BLOCKED
 MONITOR

Emergency Contact List:

FOR NON-MEDICAL INFORMATION ABOUT COVID-19 IS AVAILABLE

7:30AM – 8PM, 7 DAYS A WEEK AT:

1-866-268-4319

REGISTERED NURSES AT HEALTH LINK BC

811

1) **Chief and Council:**

Chief Frank Antoine:

Home: 250-318-0742

Dr. Verna Minnabarriet - Councillor

Cell: 604-760-7264

Neal Antoine – Councillor

Home: 250-457-3025

Michelle Canaday - Councillor

Cell: 250-318-2070

Keith Zabolot – Councillor

Home: 250-457-9973

2) **CEO – Sean Bennett**

Office: 250-457-9624

Ext. 248

3) **Acting Health Director**

Angie Thorne

cell: 250-457-1307

4) **Angie Thorne**

Social Development Manager

Cell: 250-457-1307

5) **Marilyn Porter**

Lands Manager

Cell: 250-457-0387

6) **Kirby Russell**

Operations and Maintenance Manager

Cell: 250-457-3326

For direct emergency information please phone Bonaparte's 24-hour call messaging center.

1-844-951-4144



First Nations Health Authority
Health through wellness

Mental Health and Cultural Supports During COVID-19

TELEPHONE AND ONLINE SUPPORT

Virtual Substance Use and Psychiatry Service. A free, referral-based service for First Nations people in BC and their family members. Health care providers, including the [Virtual Doctor of the Day](#) program, can refer you to this service. Available Monday to Friday. [FNHA.ca/VirtualHealth](https://fnha.ca/VirtualHealth)

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service offers mental health counselling and crisis intervention to Indigenous people across Canada. Toll-Free: 1-855-242-3310
www.hopeforwellness.ca

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to youth. 1-800-668-6868 or text the word "connect" to 686868 to access text support.

KUU-US Crisis Services is available 24/7 to support Indigenous people in BC. <http://www.kuu-uscrisisline.ca>
Toll-Free: 1-800-KUU-US17
(1-800-588-8717)

Adult/Elder: 1-250-723-4050
Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line supports former Residential School students. The crisis line provides emotional and crisis services 24/7.
Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service provides free referral services to support with any kind of substance use issue (alcohol or other drugs).
Toll-free: 1-800-663-1441
Lower Mainland: 604-660-9382

Foundry: health and wellness supports, services and resources for young people ages 12 – 24 and their caregivers. No referral or assessment required. In-person: <https://foundrybc.ca/find-a-centre/>
Virtual: <https://foundrybc.ca/virtual/>

FNHA MENTAL WELLNESS AND COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides access to mental wellness and counselling services. All services require prior approval. A list of providers registered with Health Benefits can be found on the [Provider List](#) or by contacting: 1-855-550-5454.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

Adah Dene Cultural Healing Camp Society
Margo Sagalon: 250-996-3813
Admin.elders@telus.net
Tracey Charlebois: 250-996-1475
Nakazdieelders@telus.net

Carrier Sekani Family Services
For Vanderhoof: Catherine Lessard: 250-567-2900 or Toll-free: 1-800-889-6855
For Prince George: Rhonda Hourie or Cheryl Thomas: 778-675-0419

Gitanyow Human Services
Wanda Good: 250-849-5651
Wanda.e.good@gmail.com

Gitxsan Health Society
Ardythe Willson: 250-842-8251
irsmanager@gitxsanhealth.com
Pam Torres: 778-202-1355
irsmhsupport3@gitxsanhealth.com
Gary Patsey: 778-202-1703
irsmhsupport1@gitxsanhealth.com

Nuu Chah Nulth Tribal Council
Vina Robinson: 1-250-724-3939
vina.robinson@nuuchahnulth.org
Daily Elliott: 250-720-1736

Indian Residential School Survivors Society
Stu Mitchell: 604-985-4464 or
Toll-free: 1-800-721-0066

Okanagan Nation Alliance
Rachel Marchan: 1-250-470-7048 or
Toll-free: 1-866-662-9609
earlyyears@syilx.org

Tsow-Tun-Le-Lum Society
Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements. Most treatment centres have moved to providing virtual support to individuals and families.

Carrier Sekani Family Services
Call: 250-567-2900 or
Toll-free: 1-800-889-6855
and ask for an ARP Team member
Email: rjohn@csfs.org

Kackaamin Family Development Centre
Call: 250-723-7789 or
Toll-free: 1-833-205-6946

Namgis Treatment Centre
Call: 250-974-8015 or
Toll-free: 1-888-962-6447 Ext.2152

Nenqayni Wellness Centre
Call: 250-989-0301 or
Toll-free: 1-888-668-4245

North Wind Wellness Centre
Call: 250-843-6977 or
Toll-free: 1-888-698-4333

Telmexw Awtexw (Sts'ailes First Nations)
Call: 604-796-9829

Tsow Tun Le Lum
Call: 250-268-2463 or
Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre
Call: 778-202-0162, 778-202-1349 or
Toll-free: 1-877-849-5211

All information in this document is accurate as of December 9, 2020.