

STUCTWEWSEMC

# COMMUNITY NEWSLETTER

November 2019



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## BONAPARTE YOUTH HALLOWEEN

Bonaparte Youth know how to celebrate Halloween! They had two Halloween parties and everyone had a blast! More pictures on page 1



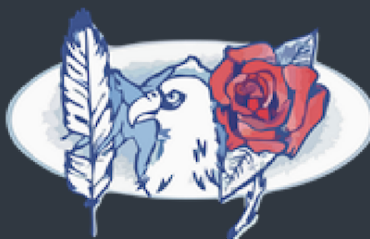
## BREAST CANCER AWARENESS MONTH - OCTOBER



# HALLOWEEN FUN!



The Bonaparte Youth Department offered two opportunities for youth to dress up and party for Halloween. See some of the fun in the photos below. Thank you to everyone who participated and helped out.





Keep close attention to the activity guide in our newsletters as well as the Facebook page for upcoming exciting events and adventures.



## COMMUNITY NEGOTIATOR UPDATES WITH ENBRIDGE

Bonaparte Indian Band's Community Negotiator team had another busy month moving forward with Enbridge engagement last month. First, on October 10, 2019, Kendall Antoine-Hunter and Alex Fanni (BIB Community Negotiator Team) provided community members an update at the AGM. The evening event went well as membership, elders, and leadership had an open discussion on the challenges and opportunities present as BIB engages Enbridge. Overall, the message from Chief Porter and Council was positive. It was stated on numerous occasions that the administrative issues that have held Bonaparte back over the last year have been resolved and this Council has brought on qualified professionals and Band members to move the Nation's agenda forward.

Next, Kendall and Alex had their first face to face meeting with Enbridge on October 23, 2019, in Savona. The meeting was cordial as each a party laid out their priorities for future engagement.

**Accordingly, the following is an overview of the major October highlights from the Community Negotiator Team:**

1. The Canadian Energy Regulator approved Enbridge's T-South Expansion in September 2019 with conditions. Enbridge is still required to engage BIB throughout the construction phase of this project.
2. Community Update on October 10, 2019 by Kendall and Alex.
3. Meeting with Enbridge and Community Negotiators on October 23, 2019.
4. Workshop planned for 2020 with BIB staff and the Canadian Energy Regulator. The workshop will inform BIB how they can better engage the regulator on future projects.
5. Community Negotiators will be submitting a funding proposal to Enbridge for a Traditional Land Use Study. This study will include BIB Lands Staff, Title and Rights, and Community members if approved.

Moving forward, Chief and Council will be providing direction to the Community Negotiator Team following the October 23 meeting. Heading into 2020, BIB is in a much better position than it was a year ago to maximise the opportunities from Enbridge's operations in the territory.

communitynegotiator1@bib.band  
communitynegotiator2@bib.band





# BONAPARTE GROUP OF COMPANIES

Curious about the Bonaparte Group of Companies? Read their Vision, Mission, Goals and Values below.

## **VISION**

To be the last and wealthiest employer, business, entity in the St'uxwtews traditional territory while maintaining our unique cultural identity and footprint by honoring the community's vision.

## **MISSION**

To establish economic presence in our traditional territory by exercising Title & Rights, collaborating with Bonaparte Indian Band community and leadership for financial growth and advancement and to build capacity, business opportunities and partnerships.

## **GOALS**

1. Develop governance structure
2. Generate sustainable wealth
3. Demonstrate stewardship principles by acting as leaders in the responsible use of the Bonaparte Indian Band resources
4. Establish a community valuation system as it relates to decision-making

## **VALUES**

1. Create pride, loyalty and empowerment within and outside of the Bonaparte community through responsible and successful business and operational practices
2. Empower one another
3. Practice our inherent rights within the traditional territory as granted by kelkukpi7 "old one" and ske'lep "coyote".



# BONAPARTE GROUP OF COMPANIES

## LOGO CONTEST

### BONAPARTE GROUP OF COMPANIES LOGO CONTEST

THE BONAPARTE GROUP OF COMPANIES WOULD LOVE YOUR HELP  
IN CHOOSING A NEW LOGO FOR OUR BUSINESS. GET CREATIVE  
AND SHOW US WHAT LOGO YOU WOULD LIKE TO SEE

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MUST BE A BONAPARTE INDIAN BAND MEMBER

WE ENCOURAGE ALL TO PARTICIPATE AND SHOW YOUR  
ARTISTIC SIDE

PRIZE: IPAD valued at \$1,200.00

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CLOSING DATE:

NOVEMBER 30, 2019

PLEASE DROP OFF AT NATURAL RESOURCES OFFICE

OR EMAIL:

[execasst@bslp.bib.band](mailto:execasst@bslp.bib.band)





# WATER OPERATORS

## BONAPARTE WATER OPERATOR COMMUNITY UPDATE

Bonaparte Water Operator Community Update:

Oct 22, 19 = Bonaparte had their Water System Annual Performance Inspection (API) at our NEW Water Treatment Plant. WSP has been retained by Naut'sa Mawt Tribal Council to undertake the annual inspection, and Lands Manager, Marilyn Porter will receive the results and share.

Bonaparte will be conducting an Evaluation of Indigenous Services Canada (ISC) Water and Wastewater Program(s) on November 12th, 2019. Brian Brauer, Senior Consultant, Ference & Company, will be out to meet with Lands Manager, Marilyn Porter and the 4 Water Operators, Byron Porter, Mike Williams, Julie Zabolot & Brenda Antoine to discuss:

- Assessments,
- Training and Capacity Development,
- Operations and Maintenance,
- Environmental Public Health Division (EPHD) Activities/Monitoring for Potential Drinking Water and Health Issues,
- Relationships
- Program Enhancements

IR # 3 is host to 46 livable homes and 144 residents

### HOW CAN YOU PREVENT BACK FLOW

Backflow can be prevented by using an attachment on your hose or faucet called a backflow-prevention device. The simplest prevention system is an air gap, which is a physical separation between the pipes. A hose bib vacuum breaker installed on the outdoor spigot will also work.

### WATERING SAMPLING

The department is still on schedule for required water sampling for First Nations Health Authority (FNHA) but we are waiting for the new Environmental Health Officer (EHO), Rob Flemming, to get his area sorted out and contacts confirmed; at that point the water operators would like Rob to come to BIB to do some training and offer some answers on water sampling results so that we can keep everyone posted on the sample results that are coming in from the ALS Lab in Kamloops.



## BONAPARTE WATER OPERATOR COMMUNITY UPDATE

Water Operator(s) Brenda Antoine & Mike Williams attended the Water Conference in Vancouver Oct 7 – 10, 2019 at this conference Brenda was also recognized for successfully completing her Small Water System Operator Certification in Comox on Oct 19 - 2018

ANY Water Emergencies on IR # 1, 2, & 3

Please contact **Marilyn Porter @ Home # 250-457-6271 or Cell # 778-207-0151**

**During any kind of water repairs it is mandatory that a water operator be present to record activities from start to finish of any repair work.**

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On September 30th, 2019 to October 5th, 2019, Julie Zabetel, Bonaparte Water Operator, went to Carlsbad, California to do a final overview of Morgan's Water Treatment Plant. Allegro One Consulting (Loris Bertoncello), David Nairne and Associates (John Bergese) and Watanabe Engineering (Ted Watanabe) were present at American Membranes Inc. We were able to have a look at the plant and work through some noted items to ensure the unit is ready for installation at the Morgan's Plant. Julie trained with Ted Watanabe and the AMI staff on the HMI screen and how to do wet test on the plant. They also worked through different scenarios in the plant while in operation. These scenarios will assist operators on what to do if anything were to come up in the plant while in operation. Overall the plant looks great and we are eager for the installation of the unit in the community. Some items have been identified to improve the overall unit for the community's operational efforts. Within the next weeks we will find out when the plant can be delivered and put into operation. Looking forward to sharing this educational opportunity with the community and my fellow co-workers.

Thank you,  
Julie Zabetel  
Bonaparte Water Operator.





# HOUSING

## PRESENTATION OF DRAFT STRATEGIC PLAN FOR HOUSING

WE NEED YOUR INPUT IN DEVELOPING  
SUSTAINABLE HOUSING IN BONAPARTE INDIAN BAND

**COMMUNITY HOUSING MEETING**  
THURSDAY NOVEMBER 21st, 2019 from 5pm to 9pm  
*at Community Centre (Supper Provided)*



**True Cost of Housing**



**Strategic Plan for Housing  
(including Arrears)**



**Personal Finance Presentation**

- \* What is a good credit score
- \* How to check a credit score
- \* How to repair bad credit
- \* How to budget
- \* Housing finance

For further information please contact  
Marilyn Porter, Land/Housing Manager at  
(250) 457-9624 Ext. 238 or email  
[landmanager1@bib.band](mailto:landmanager1@bib.band)



**First Nations**  
Market Housing Fund



# HEALTH DEPARTMENT INFORMATION & NEWS



## FLU SHOTS

@

**Bonaparte Health Center**

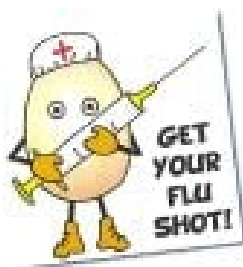


**Wednesday November 06, 2019**  
**9:30am – 11:30am**



**Thursday November 14, 2019**  
**1:00pm – 3:00pm**

Blood Pressure checks also available



**Need a Ride?**  
Contact Jeannie or Kala  
250.457.6233





# HEALTH DEPARTMENT INFORMATION & NEWS

## Addictions Prevention Page

### Drug Calculator

Are you broke again?  
Don't know where your money is going?  
Take a look at what you're spending your money  
on.

Chances are, if you're supporting bad habits such  
as;

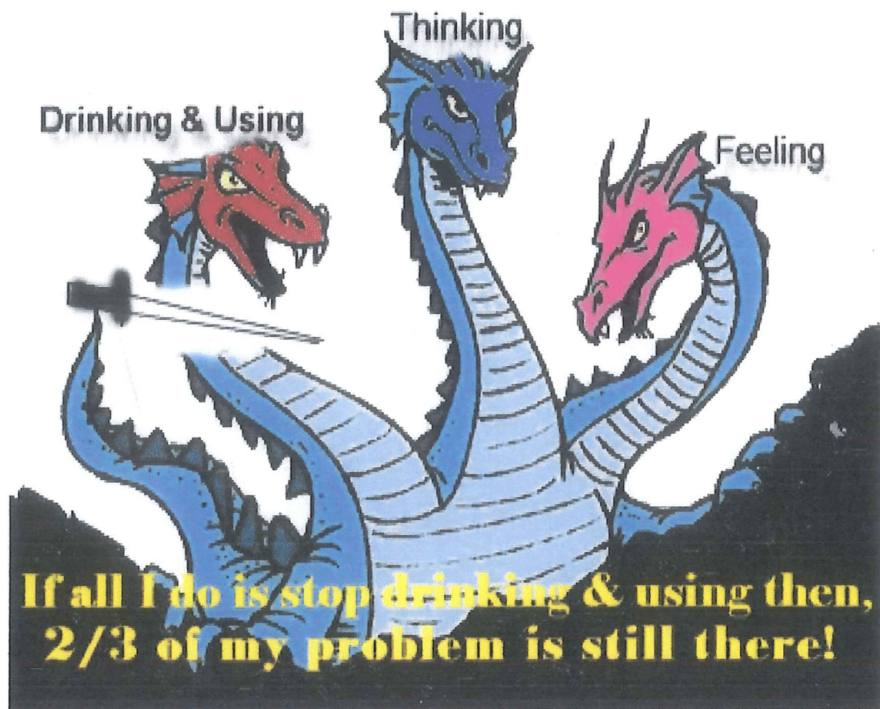
- *Smoking Cigarettes*
- *Drinking Alcohol*
- *Using Marijuana*
- *Sniffing Cocaine*
- *Using Heroin*
- *Doing Methamphetamines*

If you don't believe it, try out this expense calculator and see how much money **you could be spending on something else or someone else!**

Cigarette Use			
Packs of Smokes In a Week	Price Per Pack	=	Average Monthly Subtotal
X	\$		\$
Alcohol Use			
Average number of drinks drank in one setting	Price Per Drink	Times a week you drink	Average Monthly Subtotal
X	\$	X	= \$
Substance Use			
Drug	Price You Pay	Units Used/Month	Average Monthly Subtotal
Cocaine	\$ X	=	\$
Heroin	\$ X	=	\$
Methamphetamines	\$ X	=	\$
Marijuana	\$ X	=	\$
Gambling	\$ X	=	\$
Monthly Expenditures			\$



# HEALTH DEPARTMENT INFORMATION & NEWS



## **Am I In Recovery If I Am Not Using Alcohol or Other Drugs?**

No. Recovery is the process of changing the old thoughts, feelings, and destructive behaviors that caused you to use alcohol or drugs. If you are not committed to working on that process of change then you are not in recovery. Therapy starts from the outside. Healing starts from within. If all you do is take away the alcohol and other drugs, how have you changed the thoughts, feelings, or behaviors that caused you to use alcohol or drugs in the first place?





# JOB POSTING



## **REFERRALS CLERK JOB POSTING**

**Position:** Referrals Clerk  
**Reports to:** Natural Resources Manager/ Title & Rights  
**Term:** Permanent, Part-Time  
**Start Date:** As soon as a suitable candidate is found  
**Remuneration:** Salary will commensurate with qualifications and experience

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### **Position Overview:**

Reporting to the Natural Resources and Title & Rights Managers, the Referrals Clerk is responsible for providing a variety of administrative and technical services related to lands and natural resources. The ideal candidate for this challenging position will possess excellent organization and communication skills, an aptitude for computer operations including: word processing, mapping, file management, and a demonstrated desire to learn.

This job will involve on-the-job training on mapping, digital file management, referral processing, and research related to Bonaparte Indian Band Natural Resources department.

### **JOB RESPONSIBILITIES - The successful candidate will be responsible for the following tasks:**

- Receiving, recording, and processing referrals addressed to the Bonaparte Indian Band;
- Assisting the Bonaparte Indian with referral responses by soliciting input from Chief and Council, Administration, and the Community;
- Managing the spatial files and traditional use database;
- Managing mobile mapping software, hardware, and data for field work applications (download, save, and projecting on maps);
- Attending departmental and community meetings;
- Providing general administrative support to the Title & Rights and Natural Resources Department including invoicing; and
- Other duties as assigned.

### **QUALIFICATIONS:**

- High-school diploma;
- Ability to operate Microsoft Word, Excel, Outlook, PowerPoint, and Google Earth;
- Post-secondary training in a diploma program or undergraduate degree in a related field such as Geographic Information Systems (GIS), Aboriginal Studies, Natural Resources, Environmental management, or related field is an asset;
- A valid B.C. driver's license and a reliable vehicle;
- Must pass a criminal record check;
- Preference will be given to candidates with experience specific to First Nations and British Columbia.

If you are interested in pursuing this great opportunity, please submit a resume and cover letter.

**CLOSING DATE: 4:00pm November 8<sup>th</sup>, 2019**

**TO APPLY: Submit a resume and cover letter to c/o: Human Resources**

**St'uxwtews | Bonaparte Indian Band, 2689A Sage Hill Road, P.O. Box 669, Cache Creek, BC V0K 1H0**

**FAX: 250-457-9550 / PHONE: (250) 457-9624 / EMAIL: [nrcm@bib.band](mailto:nrcm@bib.band)**

**\*\* only those candidates short listed for an interview will be contacted**





# BONAPARTE INDIAN BAND ACTIVITY & PROGRAM GUIDE

NOVEMBER 2019



# ACTIVITY & PROGRAM GUIDE

## YOUTH ACTIVITIES

For additional information or to arrange pick up for any of these events and activities contact Karen Warren, Youth Director. Phone: (250) 457-6233 (231), Cell: (250) 320-6314 or Email: youth@bib.band.

### ELDERS LUNCHEON

Sunday November 17th  
Located at the Health Center  
Lunch is served at 12pm cooking starts at 9am

The youth will be cooking lunch for BIB Elders. If you are a youth who would like to take part and put your cooking skills to the test contact Karen Warren at (250) 457-9624 Ext 231 or youth@bib.band

### BINGO

**Youth Fundraiser Bingo**  
Sunday November 24th  
Starts at 10am  
Located at the Cache Creek community hall

**Elders Bingo**  
Thursday November 7th & 28th  
Located at the Bonaparte Band Hall

### PAINT NIGHT!

**WITH JO PETTY**  
Thursday November 14th & Tuesday  
November 26th and 4pm  
Located at The Health Center  
Open to Everyone  
Only 15 spots available, first come first serve

**DINNER PROVIDED!**

### YOUTH SPORTS

Every Tuesday and Thursday at 3pm  
Located at the Cache Creek  
Elementary School

Pick-up and drop-off available, please  
contact Karen Warren to arrange.

**Note: No sports on November  
14th and November 26th**

### PUBLIC SKATING

Every Wednesday at 330pm  
Located at the Ashcroft Arena

Pick-up and drop-off available, please  
contact Karen Warren to arrange.



### SUN PEAKS LIFT TICKETS AVAILABLE!

Contact Karen ahead of time to arrange for your tickets. You can find her contact information above.



### LUNCH TICKETS AVAILABLE STARTING NOVEMBER 12TH!

Support the Bonaparte Band's Youth Department and enjoy a \$5 lunch at the Health Center. Lunch will be served Monday to Friday and you can purchase as many tickets as you like. The first lunch will be served on Monday November 18th.



# ACTIVITY & PROGRAM GUIDE

## YOUTH CALENDAR

For additional information such time and location see previous page. To arrange pick up for any of these events and activities contact Karen Warren, Youth Director. Phone: (250) 457-6233 (231), Cell: (250) 320-6314 or Email: youth@bib.band.

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
					1	2
3	4	5 3pm Sports	6 330pm Public Skate	7 3pm Sports 530pm Elders Bingo @ BIB Hall	8	9
10 12pm Disneyland Meeting	11	12 3pm Sports Lunch Tickets on Sale	13 330pm Public Skate	14 4pm Paint Night	15	16
17 12pm Elders Luncheon	18 Fundraiser lunches begin	19 3pm Sports	20 330pm Public Skate	21 3pm Sports	22	23
24 10am Bingo @ CC Hall	25	26 4pm Paint Night	27 330pm Public Skate	28 3pm Sports 5pm Elders Bingo	29 5pm Chocolate Making @ Health Center	30

# ACTIVITY & PROGRAM GUIDE

## HEALTH DEPARTMENT

Health Center Contact Information: Phone (250) 457-6233 or Email [healthreception@bib.band](mailto:healthreception@bib.band)

### WELLNESS DAY

**Tuesday November 29th, 2019**

**Start Time: 9am**

**End Time: 3pm**

Contact The Health Center  
for more information and  
to book appointments

### VALLEY PROACTIVE ORTHODICS CLINIC

**Friday November 8th**  
**9am-5pm**

### Flu Shots

**Wednesday**  
**November 6th**

930am - 1130am

Located at the Health  
Center

**Thursday**  
**November 14th**

1pm-3pm

Located at the Health  
Center

### By Appointment Footcare

with Sher Perry

All day November 5th  
and 12th

Call (250) 457-6233 Ext 228  
Email: [hccn@bib.band](mailto:hccn@bib.band)

### ESSENTIAL OIL MAKING

**Friday November 15th**  
**10am-2pm**

**Lunch provided**



# ACTIVITY & PROGRAM GUIDE

## HEALTH DEPARTMENT

For additional information or to arrange pick up for any of these events and activities contact Karen Warren, Youth Director. Phone: (250) 457-6233 (231), Cell: (250) 320-6314 or Email: [youth@bib.band](mailto:youth@bib.band).

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
					1	2
3	4	5 Footcare All Day, By Appt	6 Flu Shots 930am - 1130am	7	8 Orthodics Clinic 9am - 5pm	9
10	11	12 Footcare All Day, By Appt	13	14 Flu Shots 1pm - 3pm	15 Essential Oil Making 10am-2pm	16
17	18	19 Wellness Day 9am-3pm	20	21	22	23
24	25	26	27	28	29	30

# ACTIVITY & PROGRAM GUIDE

## HEAD START

Donna Cox, Headstart Co-ordinator, Phone: (250) 457-9747 Email: headstart@bib.band  
Located at 2628 Church Road

### AFTER SCHOOL PROGRAM

Children 4-6 - Drop-Off

Parents need to arrange with school bus drop-off at Head Start

Monday - Friday 3pm-5pm (Excluding Holidays and Staff Events)

Starts September 9th

Snacks and  
Homework Help  
Available

### PARENT PARTICIPATION PROGRAM

Children 0-6, parents must attend

Monday to Friday 1030am - 5pm

Parents must be present and interactive with their children at all times.

A simple lunch is provided

Monthly draw based on participation. The more you attend the better odds of winning

This month's prize is a Two Step Push Around Buggy!



November  
draw winter...  
Latoya  
Antoine

### BABY MASSAGE PROGRAM

Baby massage 5 week program for infants 0-9 months.

Younger siblings welcome, child care will be provided

2-3pm, located at Headstart

November 12th and 19th

December 3rd, 10th & 17th



# ACTIVITY & PROGRAM GUIDE

## INFORMATION SESSIONS

### ELDERS LANGUAGE MEETING

November 6th & 20th 10am-2pm  
Located at The Health Center

The Elders Revitalization group consists of Elders from on and off reserve and interested members whom have an interest in the language and culture of the Stucwtewsemc people.

CHIEF AND COUNCIL MEETING  
November 12th, 9am @ Council Chambers

SELF-EMPLOYMENT CAREER  
IN TOURISM OPPORTUNITY

December 2nd - February 7th

Fully funded 8 week Tourism Course.

Contact Keith or Guy to register:

Keith - [education@bib.band](mailto:education@bib.band)

Guy - [aduassistent@bib.band](mailto:aduassistent@bib.band) or call the band office  
at 250-457-9624.

### HOUSING MEETING

Thursday November 21st  
5pm to 9pm

Located at the  
Bonaparte Band Hall

True Cost of Housing

Strategic Plan  
(Including Arrears)

Personal Finance  
Presentation

Dinner Provided

Open to all Bonaparte  
community members

We need your  
input!

# WOULD YOU BE INTERESTED IN LEARNING MORE ABOUT CULTURAL PRACTICES IN OUR COMMUNITY?

After much discussion and thinking of this for the last couple of years, my niece Bonnie Morgan and I have decided to move beyond the thinking stage.

We are interested in starting a cultural practices dialogue and need mentorship from Elders and Knowledge keepers from Bonaparte and surrounding areas.

Some of our interests are: Who is responsible for giving out traditional names to members in the community? What is required? Where do the names come from? Who is entitled to receive a name? Who are our knowledge keepers? Who knows our songs and stories? Who knows our dance? What is the protocol to making an offering at ceremonies? What are some of the teachings that have been lost with our Youth? What are some of the steps that require to be taken when a community member passes? Some of us need to learn how to present ourselves when we travel afar for events, such as introducing ourselves with our traditional name and a formal introduce in the language. Why were women told to wear a long dress to ceremonies? Was the head scarf part of a traditional practice? Did our ancestors practice the “coming of age” for our youth when they reached a certain age? What is the practice when a hunter goes out to hunt? What offerings do they offer for the wild game? Is there protocol when you introduce yourself to a respectful Elder in community? What is the protocol when a baby is born? Who is entitled to go out into other communities to represent our community? What is the protocol in this? Who determines who the knowledge keepers are in our community?

**Bonnie and I will be calling on other Knowledge Keepers in the Secwepemc territory to join us for our first meeting December 1, 2019 (Sunday) at Bonaparte Community Hall at 11:00 am. Light lunch and snacks will be provided. Please feel welcome to attend and provide input to the discussion or contact me on cell 250-318-4508.**

Roberta Morgan Moses

Bonnie Morgan

