



ST'UXWTÉWS NEWS

COMMUNITY



🔥 COMING TOGETHER: BUILDING THE C7ÍSTKTEN (WINTER HOME)

This April, St'uxwtéws hosted a powerful gathering through the C7ístkten (Winter Home) build, bringing together community members from near and far, along with relatives from Secwépemc, Syilx, Nlaka'pamux, and St'át'imc Nations.

Guided by **Sonny Kiitokii (Prairie Chicken)** and the **Language and Culture team**, participants took part in hands-on, land-based learning—building not just a structure, but reconnecting with culture, teachings, and one another.

Elders, youth, and families worked side by side, creating a space filled with learning, laughter, and unity. The workshop concluded with a "Waking Up the Winter Home" ceremony, marking an important cultural moment for our community.

A special highlight was the honouring of **Zachary and Colter William**, who were blanketed in recognition of their dedication and hard work throughout the build.

The work continues, and members are welcome to stop by and see the progress at **Hat Creek Ranch**.

This gathering showed the strength of our people—when we come together, we build more than structures, we build community.

Kukstemc to everyone who helped bring this to life. ❤️



MAY AT A GLANCE

- **May 6th – Assistance Slips Due**
- **Month to pick sage**
- **May 19th– Chief & Council Meeting**
- **Health Dep't Logo contest**
- **Elders Bingo / Events**
- **PowWow's, Gatherings, fun ...**

Kukpi7 Frank – April 2026 Report

April was a busy and productive month, with leadership focused on governance, economic development, and community engagement.

Highlights include:

- Ongoing meetings with BSLP and General Manager to support operations and growth
- Engagement with Fortis and SRSS on partnerships and services
- Participation in ITC meetings and Indigenous tourism initiatives
- Attendance at World Tourism America in São Paulo, Brazil, promoting opportunities and connections
- Supporting community through events, including the Baby Basket Ceremony and community meetings
- Hosting and attending the Indigenous Tourism Conference locally
- Meeting with Minister Valdez to discuss tourism and economic opportunities
- Chief & Council meeting to advance key priorities
- Discussions on land matters (Lots 33 & 34, IR #5)
- Meetings with BFN management and Governance on policy updates
- Planning discussions for upcoming events, including Desert Bloom Festival

✨ Leadership continues to focus on building strong relationships, supporting economic development, and advancing community priorities.

Education Update

 **Reading Eggs** – Check out the poster for more information for families. Take advantage of this great learning resource for our youth.

 **Governance Program** – Now underway, with participants building skills to support strong St'uxwtéws leadership.

 **Master's Program** – Beginning this September. If you're interested, please reach out to the Education Department for more information.

✦ **Post-Secondary Applications** – Now closed. Thank you to everyone who applied—we look forward to supporting your educational journeys.



ELDERS Community Support

Nina Minnabarriet, LPN, is available to support Elders with home visits, doctor's appointments, assistance with showering, medications, and/or exercise.

Hours: Monday–Friday, 8:00 AM – 4:00 PM

Please note: respite services are not available.

 **For assistance or more information, please call Nina at 250-457-3194**

Office Closures – Every Second Friday

Please note that the Band Office is closed every second Friday.

The next scheduled closures are:

May 1st, 15th, 28th

Thank you for your understanding, and please plan accordingly.



Closed

ELDERS MEETING HIGHLIGHTS

Elders Special Meeting – April 21, 2026

A Special Elders Meeting was held on April 21, bringing together community voices to discuss important topics around fire safety, emergency preparedness, and community well-being.

Thank you to Chairperson Dave Antoine, along with Elders and members including Cindy Etienne, Debra Arnott, Georgina Russell, Gerald Etienne Sr., Roxane Cernak, and Dean Morgan, for their time, guidance, and honest discussions.

Key conversations focused on:

- FireSmart funding and wildfire readiness
- The need for community-wide home assessments and planning
- Improving emergency contact lists and communication
- Ensuring home safety equipment is up to date
- Strengthening coordination and response protocols

Elders shared important concerns around safety, communication, and ensuring their voices are heard in decision-making. These discussions will help guide next steps and actions moving forward.

✨ We thank our Elders for their leadership, knowledge, and continued commitment to the safety and well-being of our community.



Tkwēnem7íple7 Matilda Morgan – April 2026 Report

April was filled with meaningful gatherings, important discussions, and continued work to support the health and well-being of our community.

Elders Dance

The Elders Dance was a wonderful evening filled with laughter, connection, and joy. It was truly special to watch our Elders dancing, selecting their blankets, and sharing in such a memorable night together.

Thank you to Jamie N. for organizing such a beautiful event—it was a night to remember.

Health & Wellness Engagement

I attended both the Opioid Forums in Merritt and Kamloops, where ongoing concerns were shared about the continued impact of the opioid crisis.

Although it has been over 10 years since this crisis was declared, many families are still waiting for meaningful change. We continue to lose loved ones, and there is a clear need for:

- More resources
- Faster access to detox and aftercare
- Long-term, sustainable solutions

There is also a strong call for culturally grounded approaches, including:

- Mental health supports
- On-the-land healing

Sharing stories to support recovery journeys

Health Caucus – Kamloops

At the Health Caucus, we worked alongside frontline workers to identify the real needs within our communities.

Key issues discussed included:

- Access to care
- Racism in the healthcare system
- Prescriptions and patient travel

A collective effort is underway to bring forward recommendations to regional representatives and advocate for change. The next meeting will take place in May in Penticton, with a focus on hearing directly from frontline workers.

Governance Work

Ongoing participation in:

- Trespass By-law meetings
- AGM planning
- Discussions around future buildings and the Comprehensive Community Plan (CCP)

Community input will be essential as this work continues.

From the Heart

I would like to thank the community members who take the time to visit and share their thoughts and concerns. While some conversations can be difficult, they are important and necessary.

I am always here to listen, to support where I can, and to continue learning from the stories and history that shape our community today.

 *Sending prayers to all who may be struggling.*

Health Access & Foot Care Services

SHER PERRY
Home & Community Care
Nurse
Available - Monday to
Thursday
9am - 3pm
for foot care,
please call
1.250.457.6233
for an appointment

SOCIAL ASSISTANCE SCHEDULE FOR APRIL 2026 TO MARCH 2027

SLIPS DUE IN:	SOCIAL ASSISTANCE EXPECTED DATE:	FOR THE MONTH OF:
XXXXXX	XXXXXX	XXXXXX
MAY 6TH, 2026	MAY 20TH, 2026	JUNE
JUNE 3RD, 2026	JUNE 17TH, 2026	JULY
JULY 8TH, 2026	JULY 22ND, 2026	AUGUST
AUGUST 5TH, 2026	AUGUST 19TH, 2026	SEPTEMBER
SEPTEMBER 9TH, 2026	SEPTEMBER 23RD, 2026	OCTOBER
OCTOBER 7TH, 2026	OCTOBER 21ST, 2026	NOVEMBER
NOVEMBER 4TH, 2026	NOVEMBER 18TH, 2026	DECEMBER
DECEMBER 9TH, 2026	DECEMBER 16TH, 2026	JANUARY
JANUARY 6TH, 2027	JANUARY 20TH, 2027	FEBRUARY
FEBRUARY 3RD, 2027	FEBRUARY 17TH, 2027	MARCH
MARCH 10TH, 2027	MARCH 24TH, 2027	APRIL



MOTHER'S DAY FLOWER BASKET MAKING

Youth - Join us and make a gift your mom will cherish

Pizza

Door Prizes

Drinks

****MUST BE IN ATTENDANCE TO BE ELIGIBLE FOR DOOR PRIZES ****

Thursday, May 7th - 4pm to 6pm

2689A Sage Hills Road - BFN Health Centre parking lot

ALL YOUTH ARE ENCOURAGED TO BRING THEIR OWN FLOWER POTS - LIMITED POTS PROVIDED

CONTACT ANGIE AT 250-457-6233 EXT. 239 IF YOU HAVE ANY QUESTIONS





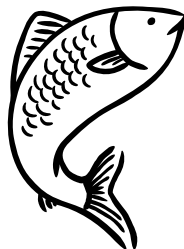
Spring Fishing at Green Lake (Watch Creek)

Community members gathered at Green Lake (Watch Creek) for a day of spring fishing, connection, and time on the land.

It was a great turnout, with people of all ages coming together to share knowledge, stories, and a few good laughs around the fire. From casting lines to preparing fresh catch, the day reflected the importance of being out on the land and practicing our traditions.

Events like this continue to bring our community together—supporting wellness, culture, and connection through shared experiences.

✨ A great day on the land, with great people.





🌞 Indigenous Tourism Conference – Cache Creek

St'uxwtéws was proud to be part of the Indigenous Tourism Conference held in Cache Creek, bringing together leaders, entrepreneurs, and community voices to share knowledge, stories, and opportunities in tourism.

The event saw a great turnout, with meaningful conversations centered around culture, connection, and strengthening local economies through Indigenous tourism.

A special thank you to MC Dario Antoine for guiding the event, and to Kukpi7 Frank Antoine for his continued leadership and presence throughout the conference.

Panels such as “From Land to Plate: Indigenous Food Sovereignty & Tourism” highlighted the importance of reclaiming and sharing our traditional knowledge, while creating pathways for economic growth rooted in our identity.

✨ Events like this continue to build relationships, inspire ideas, and showcase the strength of our people and culture.



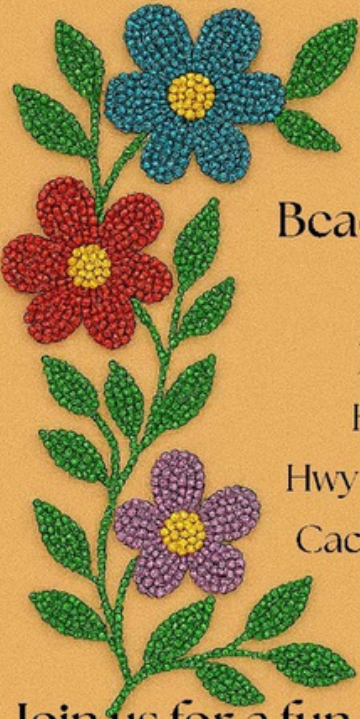
Governance Update

Thank you to everyone who attended the BFN General Meeting on April 18th at the Quonset Hut. It was great to see 30+ members come out for a full day of discussion, ideas, and community engagement.

The meeting brought forward strong conversations, thoughtful input, and forward-thinking perspectives that continue to guide our work as a Nation.

As part of ongoing governance work, development of the Trespass By-law is continuing. The next meeting with legal counsel is scheduled for May 25th as we work to ensure the by-law reflects community safety, clarity, and enforcement moving forward.

✨ We appreciate the continued communication and the good work we are all contributing to as a community.
— Governance Department



St'uxwtews Youth Beading and Bannock

May 14th, 2026
3:30 pm to 6:30 pm
Health Board Room
Hwy 97N 2689A Sage Hill Rd,
Cache Creek, BC V0K 1H0

Join us for a fun evening of beading and enjoying fresh bannock. Make earrings, pins, or work on existing projects!

RSVP: Youth2@bonaparte.band



Harm Reduction in Practice

A workshop for housing managers on how they can support community members who use substances

- Approaches to safe, stigma-free conversations about substance abuse
- Harm reduction resources available
- Lateral kindness and relationship-centered practice
- Creating safe and welcoming spaces for people who use substances

Co-Hosted by BCFNHMA and FNHA

May 12

9:30am - 11:30am

FREE ONLINE WORKSHOP



BC FIRST NATIONS
HOUSING MANAGERS
ASSOCIATION

EMAIL LORY.OBERST@FNHIC.CA TO REGISTER

GARBAGE DISPOSAL SERVICES



Bonaparte
First Nation

PICK-UP DAYS:

GARBAGE - WEDNESDAYS

RECYCLING - THURSDAYS

Household Responsibility

- Securely bag all garbage
- Place recycling properly in bins
- Keep bin lids fully closed
- Break down boxes
- Clean up loose debris around bins
- Place bins properly for pickup



Public Works is responsible for pickup only.

- They are **not responsible** for picking up loose garbage in and around bins or boxes.
- Overflowing or scattered garbage attracts rodents, insects and creates safety concerns.

Let's work together to keep St'uxwtéws clean, safe, and respectful for everyone.



Service Update

BFN has taken over garbage and recycling pickup services.

****Recycling will resume within the next week or two.****

We appreciate your patience as we get things up and running.

🔥 FireSmart Season is Here

Protect Your Home & Community

As we head into warmer weather, it's important we all do our part to reduce wildfire risk.

Homeowner responsibilities:

- Clean up yard debris and dry grass
- Trim trees and remove low-hanging branches
- Keep gutters and roofs clear
- Move firewood away from your home

📌 Every small step helps protect our homes, families, and Nation.



💻 Elder's Beginner Computer Course – Coming This May

We're excited to offer a **free Beginner Computer Course for our Elders**, designed to build confidence and comfort with technology in a supportive and welcoming space ❤️

This course will run 2 evenings per week (16 hours total) and will cover:

- Basic computer skills
- Internet navigation
- Email use
- Everyday digital skills
- BFN APP navigation

Whether you're just getting started or looking to refresh your skills, this is a great opportunity to learn at your own pace, ask questions, and connect with others.

💛 **Free of charge**

📅 **Start date:** To be confirmed (once we have enough participants)

👉 **Sign up soon! Dates and times will be set once numbers are confirmed.**

To register, please contact:

📞 Jamie Porter – 250-457-9624 ext. 102

🌟 **We look forward to supporting our Elders in staying connected, informed, and confident in today's digital world.**



Emergency Preparedness

Be Ready – Stay Safe

We are working on improving emergency readiness across the community.

Coming soon:

- Emergency contact sheet for every household (magnet is coming soon)
- Updated emergency communication tools (including WhatsApp options)

👉 Make sure your contact information is up to date with the office.

BC Cup Showcase Highlight 🏒

Casey Minnabarriet from Stuxwtews showcased his speed and strong skating, driving play through the neutral zone and putting pressure on defenders. With solid puck control and confidence, he capped off his performance with a clean goal from the slot.



Honey, Casey & Stormy Minnabarriet



St'uxwtews Youth Red Dress Day Beaded Pins

May 4th, 2026

3:30 pm to 6:30 pm

Health board room

Hwy 97N 2689A Sage Hill Rd,
Cache Creek, BC V0K 1H0

Come make Red Dress Day pins
with us to wear on May 5th as we
honour Missing and Murdered
Indigenous Women and Girls and
those affected.

RSVP: youth2@bonaparte.band

■ BFN App Update – Members Only Access

I'm making it easier for members to stay informed and connected.

Important community documents are now available directly in the BFN App – in a secure, members-only section.

This includes:

- [Chief & Council updates](#)
- [Policies & procedures](#)
- [Housing information](#)
- [Governance documents](#)
- [Community notices](#)
- [And more as they become available](#)

To view these documents, you must be:

- ✓ *A registered member of the app*
- ✓ *Logged into your account*

This helps ensure important information is shared securely, respectfully, and with our members first.

✦ If you haven't registered yet, now is a great time to sign up and stay up to date.

If you need help getting set up, please reach out – I'm happy to assist!

Kukwstsétsemc for staying connected and informed. 🍷 ~ Tammy

Renew your Canadian Dental Care Plan Coverage



Renew your Canadian Dental Care Plan (CDCP) coverage between April 15 and June 1, 2026

Who needs to renew

- All CDCP members, including those who recently applied for this benefit year, need to renew for the next benefit year to avoid a gap in their coverage.

How to renew

Before renewing, you and your spouse or common-law partner (if applicable) must have:

- filed your 2025 tax return
- received your 2025 Notice of Assessment

You can renew:

- Online: Canada.ca/MSCA (your My Service Canada account) or Canada.ca/dental
- By phone: 1-833-537-4342 or 1-833-677-6262 (teletypewriter)

You can renew for yourself and any dependents under 18 years old.

If you don't renew, your coverage will end on June 30, 2026

You will have to pay for the services you receive after your coverage ends. You will not be reimbursed for these services even if your coverage is renewed at a later date.

For more information, visit **Canada.ca/dental**



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Government
of Canada

Gouvernement
du Canada

Canada



SECWÉPEMC CHILD & FAMILY SERVICES

"Strengthening our Children, Families and Communities"

Elkstwécw Workshop

Painted Flowerpots

Registration is required for all events moving forward



Tuesday, May 12th, 2026

Bonaparte Health Centre

4:00pm-4:30pm Light refreshments

4:30pm-6:00pm Workshop

ALL CHILDREN UNDER 18 MUST BE ACCOMPANIED BY A PARENT OR CAREGIVER

For registration and questions please contact

cit.registration@secwepemcfamilies.org

Band members and community members only

Main Office:

153 Kootenay Way, Kamloops, BC V2H 0E6
Ph: 250-314-9669 Fax: 250-314-9609

Youth Office:

348 A Tranquille Rd., Kamloops, BC V2B 3G6
Ph: 250-314-9669 Fax: 250-314-9609



Elders Corner Connection & Community

Our Elders continue to be at the heart of our community.

Upcoming:

- Bingo socials - May 14, May 28

👉 Stay connected and watch for announcements!



🌿 St'uxwtéws Daycare Update 🌿

We're excited to share the newly installed St'uxwtéws Daycare sign—a beautiful addition that reflects our land, animals, and identity 🦅🐾🐟

As we continue to build this space for our children, one of the goals identified is to create a garden area where they can learn, grow, and connect to the land 🌱

We will be working with Social Development & Health to relocate the raised garden boxes from the main office to the daycare site (SAEC). This will create a dedicated space for the children, while also allowing the Elders to use the main office area for their own plans and gatherings.

✨ Creating spaces for all generations—our children and our Elders.

Stay tuned as this space continues to grow 🍀

Boogie the Bridge 2026

Big smiles, strong steps, and community pride



Shoutout to **Nina, Rocket, River, Nova, Alexa, Mariah, and Remmi** for representing at this year's Boogie the Bridge in Kamloops! 

From our youngest walkers to our experienced participants, it was a great day of movement, connection, and supporting a meaningful cause. Events like this remind us how powerful it is when we show up together—as families, as community, as St'uxwéws.

✨ Way to go everyone—we're proud of you!



You are invited

Tickle the tmícw

'Teach in' Tuesdays

Every Tuesday from
April 28 - September 29, 2026
10 am - 4 pm

Cwelcwelt Kuc "We are Well" Garden
Neskonlith IR #1

A series of hands-on learning activities to
share knowledge on how to cultivate and care
for our own food.

*"Give the people food and you feed them for a day.
Teach them how to grow their food, and you feed
them for a lifetime."*

For more information, contact
cammeo.goodyear@wgifs.org

Led by the Secwepemc Chapter of
the Working Group on Indigenous Food Sovereignty.



Education Centre Update

The First Nations
Governance Leadership
(FNGL) program with NVIT
is now underway, with
Council members
participating as part of their
commitment to strong and
accountable St'uxwéws
leadership.

The Office Administration
Program also continues, with
participants gaining valuable
skills and training to support
their career paths.

✨ We're proud to see our
members and leadership
investing in growth,
knowledge, and the future of
our Nation.

Save the Date!

**** MEMBERSHIP ADDRESS
UPDATE ~REFERENDUM,
VOTER'S LIST, ETC... ****



Contact Membership,
Terri Allan @ 250.457.9624

■ Stay Connected with the BFN App

Make sure you have the BFN App downloaded and check it regularly. Important news, updates, and opportunities are often shared on the app and may not always appear on Facebook or in the newsletter. Staying connected through the app helps ensure you don't miss out on information that matters to you and your family.

SAVE THE DATE: JULY 10-12, 2026



In Loving Memory of Tenalth-T (Gloria Nahanee)

4TH ANNUAL MEMORIAL SQUAMISH NATION YOUTH POWWOW

WHERE: XWMELCH'STN Capilano Reserve Park, West Vancouver, BC

WHEN: JULY 10-12, 2026

Host Drum: Cree Confederation

Invited Drums: Blackstone, Blacklodge, Chiniki Lake, Sharpshooter

\$20,000 DRUM CONTEST (1st Place)

Dancer Category	1st Place	2nd Place	3rd Place	Drum Contest	Payout Amount
Juniors	\$300	\$200	\$100	1st Place	\$20,000
Teens	\$500	\$400	\$300	2nd Place	\$10,000
Adults	\$1,000	\$500	\$400	3rd Place	\$5,000
Golden Age	\$600	\$400	\$300	4th Place	\$2,500

General Inquiries: squamishnationpowwow@gmail.com

Vendor registration open soon!



SAVE THE DATE

OLD ROAD SUMMER FESTIVAL

→ **SATURDAY, JUNE 6** ←

• CLINTON, BRITISH COLUMBIA •

LIVE MUSIC • ARTS • COMMUNITY

**MORE DETAILS
COMING SOON**

*Where History
Meets Adventure.*



Opening Day

MAY 16TH SATURDAY

Ashcroft Pool



**YECWMINTE RE XQWLLINT,
TAKE CARE OF BABY
BASKET SOCIETY**

JUNE 15, 2026

PIPE CEREMONY



**Hosted by Whispering
Pines/Canton Indian Band**

Address: 10134 Rodeo Way

Time: 1:00 p.m. - 4:00 p.m.

For More Information:

Please contact Rolene Sam

E: lecetemc@tcbbs.ca or

<https://tcbbs.ca/>

JOIN US ON JUNE 15, 2026

**PIPE CEREMONY, STORYTELLING WITH YOUTH, A GIVEAWAY, AND
FEAST**



T'KEMLÚPS
TE SECWÉPEMC





Yecwminte re Xqwillint

Take Care of Baby Basket Society



Melissa Porter
St'uxwéws Community Liaison

Melissa is a member of St'uxwéws and lives in Savona, with the goal of one day moving back home. She is a mother of two boys.

She has worked with youth as an Education Assistant with grades 9-12, supporting and encouraging them to see their full potential. She also has worked with infants and young children as an Early Years Indigenous Provider, helping families rebuild connections and long-lasting support.

When she isn't working, she spends her time cherishing precious moments with her two boys, running between baseball and visiting family.

She serves as the St'uxwéws liaison for Yecwminte re Xqwillint, supporting families and the community. She looks forward to connecting with community members of St'uxwéws.

Kukstemc,

Melissa Porter

For more information contact:

communitybfx@tcbbs.ca

Or visit

<https://tcbbs.ca/>

Yecwminte re Xqwillint, Take Care of Baby Basket Society





YECWMÍNTE RE XQWLLINT
TAKE CARE OF BABY BASKET SOCIETY



Come Join Us AT OUR KITCHEN TABLE

MAY 19TH 11AM-1PM
BFN QUONSET HUT
2610 SPIRIT WAY

COME SIT, ENJOY COFFEE
AND A DELICIOUS
SANDWICH

Draw for "Owl Story" contest will be
happening at 1pm
Please RSVP to Melissa Porter's email below
We look forward to seeing everyone

For more information contact:
Melissa Porter - Community Liaison
communitybfn@tcbbs.ca
Angie Thorne - Sku7pecan
socialdev@bonaparte.band



YECWMÍNTE RE XQWLLINT
TAKE CARE OF BABY BASKET SOCIETY



OWL STORY CONTEST

Question 1:
Why did the Owl take the baby?

Question 2:
What happened to the Owl?

Question 3:
What is the teaching from this story?

Bonus question:
Where would you like to see
engagement sessions being held?
(example: In community, Kamloops)

3 Winners
Prizes TBD

Copies at BFN Health Centre
2689A Sage Hills Road

or

Email copy to email below

DEADLINE: May 19th 2026

FOR MORE INFORMATION CONTACT:
MELISSA PORTER - COMMUNITY LIAISON
COMMUNITYBFN@TCBBS.CA

Tkwem7íple7s re
qelmúcw

MONTHLY MEETING

MONDAY, MAY 19,
2026

09:00 - 03:30 PM
Zoom ID: 873 4365 5780
Pass: 547275
Where: BFN Chambers
Join us for the day and lunch
Agenda TBA

HONOURING *Sobriety* JOURNEYS

We are inviting community members
to be recognized and honoured for
their **sobriety journeys**.

IF YOU OR SOMEONE YOU KNOW
WOULD LIKE TO BE RECOGNIZED,
PLEASE SUBMIT:



NAME



LENGTH OF SOBRIETY

Examples: 30 days,
6 months, 6 years, 40 years



ADULTS AND YOUTH
are welcome.

YOUTH ARE STRONGLY ENCOURAGED.

ALL MILESTONES MATTER—
WHETHER YOU ARE JUST STARTING
OR HAVE BEEN WALKING THIS PATH
FOR MANY YEARS.



**YOUTH
RECOGNITION**

BFN especially wants to
lift up our YOUTH in sobriety.

*Your journey matters.
Your future matters.*



>> HOW TO SUBMIT: <<

Please send your name and contact information to:



JAMIE NEIGHBOR

☎ 250-457-0542

✉ culturalmanager@bonaparte.band

OR



HEALTH RECEPTION

☎ 250-457-6233

✉ healthreception@bonaparte.band

May 2026

St'uxwtews Youth Activites

sunday	monday	tuesday	wednesday	thursday	friday	saturday
					1	2
3	4 Red Dress Day Beaded Pins	5	6	7 Mothers Day Flower Basket Making	8	9
10	11	12	13	14 Beading And Bannock	15	16
17	18	19 Medicine Walk	20	21 Ribbon Sweater Sewing	22	23
24	25	26	27	28	28	30
31						



**St'uxwtews Youth
Medicine Walk**
Join us for a scenic hike at McLean's
Lake as we locate and learn about
medicinal and traditional plants
May 19th, 2026.

3:30-5:30

**We will meet at the Bonaparte First
Nation Health Building, then travel
to McLean's Lake.**

RSVP: Youth2@bonaparte.band

NATIONAL INDIGENOUS PEOPLES DAY CELEBRATION

LIVE ENTERTAINMENT | VENDORS | BINGO | MOCCASIN MILE

FAMILY-FRIENDLY
EVENT, OPEN TO
EVERYONE!

JUNE 21
10 - 4 | TteS Arbour

Hosted by:



Sponsored by:



FREE CITY
TRANSIT
ALL DAY TO
EVENT!

EXPERIENCE THE
HEARTBEAT OF
CULTURE THROUGH
POWERFUL SINGING,
DRUMMING, DANCING,
JIGGING AND SO
MUCH MORE!



🌿 Culture & Language Corner

🗣️ Secwepemctsin Word of the
Month

🌿 **Le7 re sucwentwécw-kt.**

**Meaning: It is good that we
greet one another.**

This teaching reminds us of the
importance of acknowledging
one another—whether through a
greeting, a smile, or a kind word.

Taking the time to greet each
other builds connection, shows
respect, and strengthens our
sense of community.

🌟 When we greet one another,
we honour our relationships and
who we are as St'uxwtéws.

🔥 **Our Values in Action**
Le7 re sucwentwécw-kt. - It is
good that we greet one another.
A simple greeting goes a long
way in building respect,
connection, and community.

🏒 Community Pride – Team BC Representation

We are proud to share that Jacob Minnabarriet is
representing St'uxwtéws and Team BC at this year's
National Aboriginal Hockey Championships in
Kamloops.

This is an incredible achievement and a reflection
of the hard work, dedication, and talent of our
youth. Representing both community and province
on this stage is something to be truly proud of.

🌟 We wish Jacob the very best as he competes—
your community is behind you!

🌟 Strong youth. Strong future. Strong St'uxwtéws.



Community Pride – Tay Ranked #2 in BC

A huge congratulations to Tay on an incredible achievement—now ranked #2 in British Columbia! 🌟

This recognition reflects the hard work, dedication, and commitment Tay continues to put into his training and competition. Representing with pride and discipline, this is a moment our whole community can celebrate. ✨ We are proud to see our members excelling and reaching new heights.



Need Support? You're Not Alone

If this winter season feels heavy, support is available. Reaching out is a sign of strength.

Canada-wide, 24/7 supports:

- Hope for Wellness Help Line (Indigenous support)
- ☎ 1-855-242-3310
- 💬 Text HOPE to 45645
- Indian Residential Schools Crisis Support Line (IRSS)
- ☎ 1-866-925-4419
- Talk Suicide Canada
- ☎ 1-833-456-4566
- 💬 Text 45645 (evenings) or 988
- Kids Help Phone (Youth & Young Adults)
- ☎ 1-800-668-6868
- 💬 Text CONNECT to 686868

You do not have to carry things alone.

Tax Free
Tires
First

Auto
Maintenance
Nation

Owned
Chewing
Tobacco

Operated
Cigarettes

THUNDERBOLT

GARAGE
EST. 1984
Street Rods - Muscle Cars

Arthur Morgan
Box 635
Cache Creek B.C.
V0K1H0
Bonaparte First Nation
amorgan1864@yahoo.com
Bus: 250-457-3332
Cell: 250-457-3536

Oil Change
Shocks-Struts
Brakes
Rotors
Tune ups
Wiper Blades
Local Honey
Windshield Washer
Quad Tires
Commercial Tires
Tax Free

Tax Free

BONAPARTE FIRST NATION PRESENTS

ONLINE EDUCATIONAL RESOURCES

Let's get ready to learn together!

Signup sheet required

READING EGGS MAKES LEARNING TO READ INTERESTING AND ENGAGING FOR KIDS, WITH GREAT ONLINE READING GAMES AND ACTIVITIES.

CHILD FROM AGES 2-13.

HUNDREDS OF INTERACTIVE LESSONS, FUN READING GAMES, AND OVER 4,000 E-BOOKS FOR YOUNG READERS.



AGES 2 TO 13

PRE-K TO GRADE 6

Mathletics

AGES 5 TO 16

LESSONS UP TO GRADE 12

MATHLETICS WAS CREATED TO HELP STUDENTS **AGE 5 TO 16** BUILD THEIR CONFIDENCE IN MATH AND MASTER THE CORE CONCEPTS TAUGHT IN CLASS.

FULL BC MATH CURRICULUM

PERSONALIZED LESSONS AND ACTIVITIES BEFORE PROGRESSING TO MORE CHALLENGING TASKS. EXCITING GAMES, CHALLENGES AND REWARDS MAKE IT HIGHLY MOTIVATING AND ENGAGING, SO THEY'RE ALWAYS STRIVING TO ACHIEVE THEIR BEST.

YOUR CHILD CAN ENJOY FUN, INTERACTIVE AND REWARDING LESSONS THAT TEACH FOUNDATIONAL MATH AND PROBLEM-SOLVING SKILLS WHILE NURTURING AN EARLY LOVE OF MATH.

MATHSEEDS COMBINES STRUCTURED ONE-ON-ONE LESSONS AND HIGHLY MOTIVATIONAL ELEMENTS THAT KEEP CHILDREN ENGAGED AND EAGER TO KEEP LEARNING AND IMPROVING THEIR SKILLS.



AGES 3 TO 9

PRE-K TO GRADE 3



ANY QUESTIONS PLEASE CONTACT **JAMIE PORTER**,
POST-SECONDARY PROGRAMMING DIRECTOR AT
POSTSECDIRECTOR@BONAPARTE.BAND
PH: 250-457-9624 EXT 102
C: 250-457-3631

BONAPARTE FIRST NATION SIGNUP SHEET - ONLINE EDUCATIONAL PROGRAMS

PARENTS NAME: _____

PARENTS EMAIL: _____

CONTACT #: _____ DATE: _____

CHILDS NAME: _____

EMAIL: _____

READING EGGS: ☐ GRADE LEVEL: _____

MATHSEEDS: ☐ GRADE LEVEL: _____

MATHLETICS: ☐ GRADE LEVEL: _____

ANY ADDITIONAL COMMENTS: _____

CHILDS NAME: _____

EMAIL: _____

READING EGGS: ☐ GRADE LEVEL: _____

MATHSEEDS: ☐ GRADE LEVEL: _____

MATHLETICS: ☐ GRADE LEVEL: _____

ANY ADDITIONAL COMMENTS: _____

ANY QUESTIONS PLEASE CONTACT JAMIE PORTER,
POST-SECONDARY PROGRAMMING DIRECTOR AT
POSTSECDIRECTOR@BONAPARTE.BAND

PH: 250-457-9624 EXT 102

C: 250-457-3631





GENERAL ADMISSION:
\$15 PER DAY OR \$40 FOR WEEKEND PASS

MASTERS OF CEREMONIES

JACKSON ROLLINGTHUNDER TAHUKA, SAN JUAN CAPISTRANO, CA
BART POWAUKEE, FT DUCHESNE, UT

HEAD SINGING JUDGE

DAKOTA JAMES, CHILLIWACK, BC

ARENA DIRECTOR

GARY (PONY) OLNEY, WHITE SWAN, WA
EVERETT WHITE, COLD CREEK, BC

WHIP MAN

SHELDON WUTTUNEE, RED PHEASANT, SK

HOST DRUM

BLACKSTONE 2025 KAMLOOPOA SINGING CHAMPIONS

C&T TABULATING
HOKA SOUND JR.

306-551-0972 | a.kamloopapowwow@gmail.com

Chad & Cheryl

45TH ANNUAL

Kamloopa Pow Wow

JUNE 26, 27, 28, 2026

DANCE PRIZE PAYOUT

(GOLDEN AGE, MEN'S BUCKSKIN, TRADITIONAL, FANCY, JINGLE, GRASS, CHICKEN)

GOLDEN AGE MEN 55+	GOLDEN AGE WOMEN 55+	BUCKSKIN 18+	TEENS
1. \$1,800	1. \$1,800	1. \$1,800	1. \$800
2. \$1,500	2. \$1,500	2. \$1,500	2. \$600
3. \$1,200	3. \$1,200	3. \$1,200	3. \$500
4. \$1,000	4. \$1,000	4. \$1,000	4. \$400
5. \$800	5. \$800	5. \$800	5. \$300

JUNIORS JR ADULT 18-34	SR ADULT 35-54	SINGING CONTEST
1. \$600	1. \$1,800	1. \$30,000
2. \$500	2. \$1,500	2. \$20,000
3. \$400	3. \$1,200	3. \$15,000
4. \$300	4. \$1,000	4. \$12,000
5. \$200	5. \$800	5. \$10,000

SPECIALS

CHIEF & COUNCIL
IN HONOUR OF OUR YOUTH
49 TEAM DANCE ALL AGES (WOMEN)

1ST. \$4,000
2ND. \$3,000
3RD. \$2,000
4TH. \$1,000

KAMLOOPOA POWWOW SOCIETY
IN HONOUR OF OUR YOUTH
49 TEAM DANCE ALL AGES (MEN)

1ST. \$4,000
2ND. \$3,000
3RD. \$2,000
4TH. \$1,000

SPONSORED BY HEAVEN AND EARTH
NATIVE ART AND CULTURAL STUDIO
TINY TOTTS BOYS AND GIRLS

1ST. \$100
2ND. \$50
3RD. \$25
4TH. \$15

RIBBONS, TROPHYS & PRIZES FOR PARTICIPANTS

SPONSORED BY HEAVEN AND EARTH
NATIVE ART AND CULTURAL STUDIO
CRADLE BOARD GIVEN TO ALL LIFE GIVERS

1ST. \$1000
2ND. \$500
3RD. \$300
TROPHYS

WOMEN'S FANCY SPECIAL HONOURING
GAIL MOUNTAINCHIEF

PRIZES TBA

HEAD SINGING JUDGE, DAKOTA JAMES
LEAD SINGER SPECIAL GIVING BACK TO THE CIRCLE

1ST. \$800 + BLANKET (WINNER TAKE ALL)

MEN'S TRADITIONAL HONOURING
LEESA MIKE SPONSORED BY
MCKENNA LUNCHIE FAMILY

PRIZES TBA

2025 KAMLOOPOA POWWOW PRINCESS
SUNSHINE EDWARDS

16+ OLD STYLE JINGLE SPECIAL
1ST. \$1000 + JACKET, SKIRT & STAR QUILT
2ND. \$500 + JACKET & BLANKET
3RD. \$400 + JACKET & BLANKET
4TH. \$200 + HOODIE & BLANKET
5TH. \$200 + HOODIE & BLANKET
5 CONSOLATIONS & GIFTS TO BE ADDED

TRISTAL LARUE'S CONTEMPORARY GRASS
COMING OUT SPECIAL TEENS 13-18

1ST. \$1500
2ND. \$1000
3RD. \$500
2 CONSOLATIONS OF \$250 EACH



THE KAMLOOPOA POWWOW SOCIETY AND THE TK'EMLUPS TE SECWEP'EMC WILL NOT BE HELD RESPONSIBLE FOR ANY LOST, STOLEN OR DAMAGED ARTICLES OR INJURIES. ABSOLUTELY NO DRUGS OR ALCOHOL PERMITTED.

UNDER NO CIRCUMSTANCE WILL THE POWWOW BE CANCELLED

Accent Inns.
250-377-8877
HOTEL, LODGE & MORE



ST'UXWTEWS HEALTH

LOGO CONTEST



What does wellness and health mean to you?

We're inviting **members of all ages** to design a logo that represents **wellness**, **health**, and **community**. This is your chance to share your vision and creativity!



PRIZE
\$500.00

+ a swag bag featuring the winning logo



IMPORTANT DATES



Submission Deadline:
June 19, 2026 at 4:00 PM



Winner Announcement:
June 30, 2026



VOTING

Community voting will take place:



On Facebook



Through online voting



In person at the Health Centre



HOW TO SUBMIT

Email your entry to:

healthreception@bonaparte.band

OR



Drop off in person at:

2689A Sage Hill Rd
PO Box 669
Cache Creek, BC V0K 1H0

*Share your vision. Celebrate wellness.
Inspire your community.*

#StuxwtewsHealth #LogoContest #CommunityWellness



Spirit Essence

PRESENTS

2 DAYS OF MEDIUMSHIP

Demonstrations



FEATURING 4 LIVE DEMONSTRATIONS ACROSS 2 DAYS

A shared space for mediumship, reflection, comfort, and connection.



June 6th

10:00 AM – 11:30 AM
2:00 PM – 3:30 PM



June 7th

10:00 AM – 11:30 AM
2:00 PM – 3:30 PM

TARA DIANA

Tara Diana is an empowerment medium with over 25 years of experience supporting others through connection, clarity, and healing. Her work centers on helping people connect with loved ones on the other side, offering comfort during times of grief and creating space for understanding, peace, and continued connection.

• MEET OUR PRACTITIONERS •



TANYA FULLER
REIKI MASTER
ENERGY PRACTITIONER

Tanya has dedicated over 30 years to guiding and empowering others, with a background in academic advising, teaching, and personal development. A natural connector, she now combines her experience with her passion for holistic healing as a Reiki Practitioner (Level II) and Life Coach.



ALYSON KING
INTUITIVE ENERGY
PRACTITIONER
ENERGY PRACTITIONER

Alyson connects with Spirit primarily through automatic writing, oracle cards, Jikiden Reiki, and the wisdom of Nature. With a calm and grounding presence, she shares the messages Spirit wants you to receive, offering clarity, comfort, and guidance.



BRITTANY SCOTT
SOUL LIGHT ALCHEMY
READER PRACTITIONER

Brittany is an intuitive guide, psychic-medium, and healer specializing in emotional alchemy and soul-level healing. She supports those who feel deeply in reconnecting with self-trust and inner guidance. Working alongside a council and spirit team, she grounds spiritual wisdom into everyday life, helping individuals step into their highest self and align with their soul's highest path.



NANCY BRADY
INTUITIVE MEDIUM
READER PRACTITIONER

Nancy bridges the worlds of spirit and everyday life as an intuitive psychic medium, supporting clients in gaining insight into the patterns, influences, and spiritual connections that shape their journeys.



PRIVATE READINGS

Private readings will also be available throughout the two days in scheduled time slots for those looking for a more personal, one-on-one experience.



TO SIGN UP FOR A PRIVATE READING:

Please contact **Terri Allan** at **BFN Admin Reception**. She will have the sign-up sheets and available time slots.



**FIRST COME,
FIRST SERVED**



**COMMITMENT TO
YOUR TIME**

Spots are first come, first served, and we ask that those who sign up commit to their scheduled time for both demonstrations and private readings.



We look forward to sharing this meaningful experience with our community. ❤️



Support for families!

Family Reunions/Gatherings

One per year per request.

Must submit have names of those confirmed to attend.

Must be within the fiscal year April 1st, 2025 to March 31st, 2026.

Must be registered for direct deposit with the band.

One per family group: List of names will be monitored

Please provide list of names confirmed attendance:

List of 35 and over can be eligible for up to \$ 600.00 to help with food costs (receipts required)

List of 70 and over can be eligible for up to \$1200.00 to help with food costs (receipts required)

This funding is to encourage families to get together in a positive way to share historical stories and pictures and create those memories that will last for generations to come.

Family trees are a good example to share with your young ones.

Must submit an article for the newsletter for all to enjoy.

Send your request along with list to Socialdev@bonaparte.band or call 250-457-6233 ext. 239

Please feel free to contact Angie Thorne-Social Development Manager if you have any questions and have fun and plan away.

Note: We encourage the use of your own lands which can include booking Loon Lake campground with Reception@bonaparte.band



LOON LAKE

OUR LAND • OUR RESPONSIBILITY

PLEASE RESPECT THIS AREA



DO YOUR PART:



Be responsible and respectful.



Clean up after yourself.



Use garbage bins properly.



Take out what you bring in.



Leave the area cleaner than when you arrived.

THIS IS
ST'UXWTÉWS / SECWÉPEMC TERRITORY

A place of culture, history, and connection.

RESPECT THE LAND. RESPECT EACH OTHER.



**STRONG
PEOPLE**

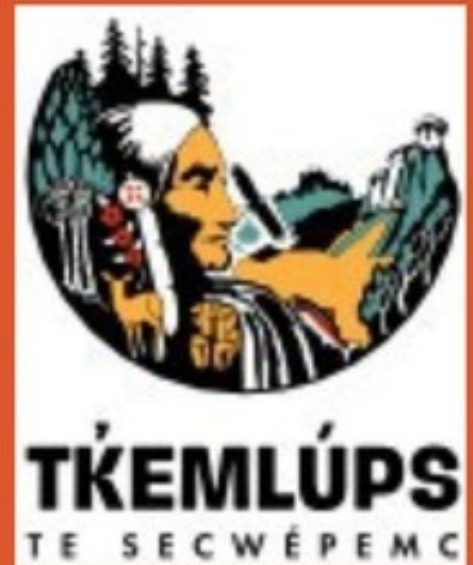


**STRONG
FAMILIES**



**STRONG
COMMUNITY**

WE ARE ALL CARETAKERS OF THIS LAND.



10 WEEK CWB WELDER TRAINING

**● SEPTEMBER 21 TO
NOVEMBER 27, 2026**

- Must complete a One Day welding assessment in late August
- Training is available for beginner and intermediate welders
- Tied directly to industry and includes a work practicum
- Small student stipend available
- Will include learning all welding positions

**TO REGISTER: CONTACT THE TRADES
& TRAINING COORDINATOR
TERRI MINDEL AT 250-819-0428
TERRI.MINDEL@TTES.CA**





ST'UXWTÉWS

IMPORTANT CONTACTS



⇒ KEEP THIS WHERE YOU CAN SEE IT ⇐



HEALTH

250-457-1651



**SOCIAL
DEVELOPMENT**

250-457-2867



O&M

250-457-0674



WATER

250-457-3635



LANDS

250-457-3326



BSLP

778-257-2588



CHIEF

250-318-0742



STRONG PEOPLE. STRONG FAMILIES. STRONG COMMUNITY.

⇒ **WE TAKE CARE OF EACH OTHER.** ⇐