



ST'UXWTÉWS NEWS

COMMUNITY



WELCOME HOME:

ST'UXWTÉWS WELCOMES NEW MEMBERS

Nation-building happens in many ways — through language, through land, through governance — and through welcoming our people home. Recently, through Band Council Resolution (BCR), we formally welcomed Michael Williams, Honey Johnson, Jordyn Johnson, Jade Sheena, Crystle John, Taryn Morey, Keelin Shintah-Bonneau, Mason Morey, Ayla Morey, Bree Antoine, Lachlann Shintah, Shaye Shintah, Shale Shintah-Antoine, Walker Shintah, Francyne Prairie Chicken, Selena Narcisse, and Justin Prairie Chicken as members of St'uxwtéws.

It has been far too long since our Nation has formally welcomed new members. For many families, this moment represents patience, persistence, and a deep desire to belong. Moving this work forward was important — not just administratively, but spiritually and collectively.

Each of these individuals brings family ties, history, and future generations with them. Membership is not simply a process — it is recognition of belonging, identity, and connection to community.

As our Nation continues to grow, so too does our responsibility to govern with fairness, transparency, and vision. Welcoming new members reflects our commitment to strengthening St'uxwtéws — ensuring that every voice matters and every family has a place within our shared future.

To our newest members: welcome home. We are proud to stand alongside you as we continue building a strong, united, and thriving Nation together.



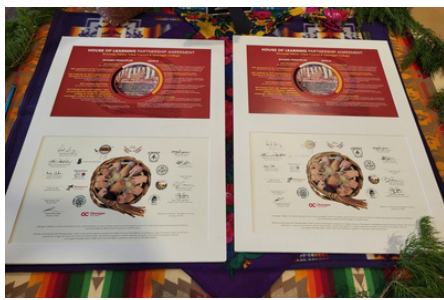
Youth Headed to Native Hockey Tournaments

Our youth are gearing up to compete in upcoming Native Hockey tournaments in Merritt and Prince George.

We're proud of the dedication and teamwork they continue to show as they represent their families and community on the ice. These tournaments are about more than hockey — they're about connection, confidence, and culture.

Wishing our players, coaches, and families safe travels and great tournaments. Check out the Merritt poster on page 33.

Play with pride! 🍀🏒



Message from Kukpi7 Frank Antoine Leadership Update | December 1, 2025 – February 27, 2026

From December 1 through February 27, leadership has maintained a full and active schedule focused on economic development, governance, regional collaboration, and community engagement.

Beginning December 1–2, meetings were held with companies preparing bids for the CN McAbee Gravel Pit, along with local business discussions and a site tour in January. This project continues to move forward with steady momentum. Additional economic meetings included CN Ballast (January 9), 1% Holding Ltd (January 9), Ashcroft Terminal (February 5), renewable energy discussions with NNTC (December 30 & January 8), and the BluEarth Cache Wind Project (February 26). Weekly meetings with BSLP Economic Development continued consistently throughout December, January, and February.

Environmental and land-use planning advanced through the GHD compost site meeting (December 4) and multiple site tours at Hat Creek Ranch, Loon Lake Camp, and the Hatchery (February 3 and February 11–12). Governance work remained steady, with duly convened Chief & Council meetings on December 18, January 21, and February 23, as well as an Emergency Meeting on January 7. Financial oversight meetings were held January 15 and January 20. Leadership also engaged in the Band General Assembly (January 24) and the BFN Open House (February 24).

Regional leadership responsibilities included SNTC meetings in Kamloops (January 7) and Salmon Arm (February 4), Secwepemc Winter Gatherings in Kamloops (February 1) and Williams Lake (February 13–15), and the Secwepemc Regionalization Planning Session (February 25).

Tourism and cultural representation were significant during this period. From December 5–15, Kukpi7 attended the Taiwan Indigenous Games with 28 members of our Nation. Additional participation included the Impact Tourism Conference in Victoria (January 25–29) and the International Indigenous Tourism Conference in Edmonton (February 16–19).

Throughout the holiday season, Kukpi7 attended staff and community Christmas events (December 17–19), before a brief Christmas break (December 20–January 4).

Over these three months, leadership has maintained an exceptionally busy schedule — often multiple meetings per day — ensuring Bonaparte First Nation remains active in economic development, governance oversight, regional collaboration, and community connection.

Kukpi7 remains committed to advancing sustainable opportunities and protecting the long-term interests of our Nation.

Kukwstsétsemc.



Need to See a Doctor?

Call the First Nations Virtual Doctor of the Day
service at 1.855.344.3800

With a computer, phone or tablet connected to wi-fi

STEP 1	STEP 2	
 Call 1.855.344.3800 to talk to a Medical Office Assistant and book your appointment. You will receive an email to confirm your appointment.	 Computer or Laptop When it is time for your appointment, click on the Zoom video conference link in the email to launch the Zoom app.	 Smart Phone or Tablet Download the Zoom app from the App Store or Play Store. When it is time for your appointment, click on the Zoom video conference link in the email to launch the Zoom app.
Helpful Zoom tips  If the doctor can't hear you, unmute your microphone in the Zoom app.  Use a headset or earpods to remove echoes and protect your privacy.		

Over the telephone (no wi-fi connection)

STEP 1	STEP 2
 Call 1.855.344.3800 to book your appointment. Let your Medical Office Assistant know that you need to make a telephone appointment.	 The doctor will call you when it is time for your appointment.



Health Access & Foot Care Services



SHER PERRY

**Home & Community Care
Nurse**

**Available - Monday to
Thursday**

9am - 3pm

**for foot care,
please call**

1.250.457.6233

for an appointment

Tkwem7íple7 Rochelle Porter – February Update

February was a busy and productive month focused on education, housing, child and family services, infrastructure planning, and regional partnerships.

Rochelle attended the SNTC Stmemelt project closing event, where the five-year agreement film was shared and the Baby Basket Society and Board Members were honoured. Meetings also continued regarding Specific Claims (IR 5) and Fire Smart BC **Indigenous Outreach initiatives.**

At Okanagan College, Rochelle participated in the SNTC meeting and House of Learning Partnership Agreement signing ceremony — a meaningful milestone for education collaboration.

Child & Family Services & Funding

Multiple SCFSA board meetings were attended in Kamloops and Kelowna. SCFSA purchased three homes through NICHI funding and worked through amended agreements. Intensive planning sessions ensured reporting deadlines were met, protecting nearly \$1.5 million in potential funding from being reallocated.

Stay tuned for community access to Reading Eggs, Mathletics, and Mathseeds programs.

Infrastructure & Planning

Weekly meetings continue with Atmospheric Perspective on the Band Hall replacement and new Fire Hall, including expanded office space and future growth planning.

Additional meetings included:

- FNESS regarding CRI mitigation applications
- Urban Systems on the Active Transportation Plan (walking paths and overpass planning)
- ISC Education discussions toward a future K–4 school, with long-term vision for K–12

Regional & Community Engagement

Rochelle attended the Big Horn Sheep translocation event in partnership with WPCIB and Skeetchestn after nine years of conservation work.

She also participated in BSLP meetings, Chief & Council meetings, the Elders Meeting at Hat Creek Ranch, the Band Meeting at the Ashcroft Hub, and the SCFSA Parenting Conference with over 300 attendees.

Items of Note

- Submit Housing Applications to Sierra — assistance is available.
- Interested in joining a Fire Smart Committee? Reach out.
- Youth and Elders are encouraged to get involved in STNC boards.
- Rochelle is regularly in the Chief & Council boardroom and welcomes drop-ins.

Tkwem7íple7

Rochelle Porter

Rochelle.porter@bonaparte.band or 250-682-8620 (call or text)



ELDERS MEETING HIGHLIGHTS

The Elders gathered on February 25 at Hat Creek Ranch for a productive and wide-ranging meeting focused on culture, governance, community safety, and upcoming events.

Winter Gathering – Williams Lake

Elders attended the Winter Gathering February 13–15 in Williams Lake. It was a meaningful opportunity to connect with neighbouring communities, share stories, and strengthen relationships during the winter season.

FireSmart & Community Safety

FireSmart remains a priority as we move toward spring. Updates and further discussion are scheduled to ensure our homes and lands remain protected.

The RCMP also provided a fraud prevention presentation, sharing important information on recognizing scams and protecting personal information.

Elders Raffle

The Elders raffle has been extended, with the live draw confirmed for March 9 at 12:00 PM. Tickets must be submitted prior to the draw. Thank you to everyone helping sell and support this initiative.

Spring Dance – April 4

Plans are underway for the Elders' Spring Dance on April 4 from 8:00 PM to midnight at the Quonset. All 17 Secwepemc bands will be invited. The evening will include prizes, finger foods, music by Ritchie and the Fendermen, and a photo booth. This will be a drug- and alcohol-free event for community enjoyment. Send out the invitation to our neighbouring nations and friends and family. Check out the poster in this month's newsletter.

Cultural & Historical Projects

Work continues regarding the Ashcroft Terminal site, including plans for an extended ceremony in April/May and development of a plaque/monument. A visit to Falkland is being organized to finalize design and wording.

At Hat Creek Ranch, Elders' portraits and storyboards are being developed to honour both past and present Elders and strengthen historical displays.

Policy Development & Planning

An Elders' Trip Policy is being drafted to guide travel participation, including expectations around no-shows and chaperones. Planning is also underway for the Vancouver Elders Gathering in August 2026.

A Community Funeral Protocol is being developed to document traditional practices and clarify roles and responsibilities for families and staff.

Child & Family Services Discussion

Terry Porter provided an update on Child & Family Services, including funding discussions, jurisdiction considerations, and the need for consistent representation for children in care. Further updates and legal guidance will be sought to ensure clarity and community-centered approaches.

Capacity Building

Plans are moving forward for an Elders Computer Course to support digital skills, and a Coordinator position will be posted to strengthen administrative support for Elders programming.

Meet our team

STEVE MANN

MAINTENANCE WORKER

*Red Seal Heavy Duty Mechanic for 29 years

*Class 1 with air brake endorsement

*Septic Installer and Maintenance

*Volunteer Fire Fighter w/ Wildfire training/experience

*Wildfire Mitigation Specialist for Fire Smart

*Member of Lheidli T'enneh First Nation



Stay tuned to meet the rest of our staff!

Spring Break Reminder

Spring Break will take place from March 14 to March 29, with students returning to class on March 30.

We hope our students and families take this time to rest, recharge, and enjoy time together. Whether you're travelling, attending cultural events, spending time outdoors, or simply slowing down at home, we wish everyone a safe and healthy break.

After Spring Break, be ready for a strong finish to the school year & Graduation season!

Enjoy the break and stay safe! 🌸💛



Tayton Stewart

Fight Night Victory in Kelowna

On February 21, at VIP Okanagan Fight Night 7 held at the Kelowna Community Theatre, Tayton Stewart stepped into the ring against Aaron Lars in a highly competitive bout.

After a hard-fought match, Tayton secured the win by Unanimous Decision, demonstrating discipline, resilience, and technical skill throughout all rounds.

Fight night is never just about the few minutes in the ring — it represents months of preparation, conditioning, and mental focus. Tayton's performance reflects the dedication required to compete at this level and the strength of the team supporting him.

Congratulations on a well-earned victory. We are proud to see our athletes representing with heart and determination.



Office Closures – Every Second Friday

Please note that the Band Office is closed every second Friday.

The next scheduled closures are:

March 6, 20 & April 3

Thank you for your understanding, and please plan accordingly.

Closed

❄️ St'uxwtéws Family Day 2026

Cold Hands, Warm Hearts at Loon Lake It was cold. Like... real winter cold. 🧊

But that didn't stop our community from showing up and showing out at St'uxwtéws Family Day 2026 at Loon Lake!

While I wasn't able to attend in person, the photos and updates rolling in made it very clear — the ice may have been frozen solid, but the community spirit was on fire. 🔥

🎣 Fishing Derby Highlights

The Fishing Derby brought out the early risers, the patient pros, and the hopeful first-timers. There may have been frozen fingers... but there were also some impressive catches!

A big congratulations to *Tanisha Terry (1st)*, *Trina Terry (2nd)*, and *Julie Z (4th)* in the **Adult Derby** — with 3rd place to be confirmed.

The **Youth Derby winner** was *Maya Antoine*.

I'm still tracking down the full list of winners (if you know, send them my way!), but congratulations to everyone who braved the cold and took part. Whether you placed or not, getting out together is always a winner!

🎲 Poker Run, Curling & Community Fun

From shuffleboard curling and crib tournaments to crafts, card games, and skating, there was something happening in every direction. Friendly competition, laughter, and a whole lot of teasing (the good kind 😊).

And let's be honest — sometimes the real competition is over who makes the best bannock.

🍲 **The Real MVP:** The Food - warm the tummy comfort food and warm drinks to keep the hands warm.

If you came hungry, you did it right. Nothing builds community quite like standing around with a warm cup in your hands while someone tells a fish story that gets bigger every time it's repeated.

💛 Thank You, Volunteers

A huge thank you to the Derby judges, event organizers, food crews, and volunteers who made it all happen. These days don't just magically appear — they're built by people who care.

Gas vouchers were handed out at the event to help families travel out — just one more way we support one another in gathering together. ~ Tammy



MARK YOUR CALENDAR

OPEN HOUSE
APRIL 1ST 2026

MEETING AGENDA

FORTIS 10AM-11:00AM
OPEN TO COMMUNITY 11:00AM-3:00PM

AT BFN IN THE CHAMBERS

Bonaparte First Nations would like all BFN members to be supplied with a kit to make their own ribbon shirts or skirts. This project is aimed at the school aged students from K5 – Grade 12 with the intention of helping members make their own skirt or shirt for the Annual BFN Pow Wow.



Bonaparte will be ordering the kits from 4 Generations Creations in early February, 2026. The material colours and patterns will be chosen by the youth workers, we cannot guarantee that you will get your colour preference.

If you would like a kit please email Kaylee Kennedy; youth2@bonaparte.band with the following information:

- Name
- Age of child/ren
- Size
- Mailing address - if you are outside of the reserve & catchment areas [or if you can pick up from office].



We will also be hosting sewing classes for those have never made a ribbon skirt or shirt before or don't have a sewing machine to complete it at home. Keep an eye on our Facebook page or app for the information.



YOUTH RIBBON SKIRT AND SHIRT SEWING CLASSES

Below are the class dates and availability. I will update the availability as the classes fill up.

Each class has room for 10 people, and snacks will be provided. Please contact Kaylee Kennedy at youth2@bonaparte.band to secure your spot.

Many kits are available, in different colours and sizes!!

March 9, 2026

@ The Health Board Room

4:30 PM to 7:30 PM
10 spots available

March 16, 2026

@ The Health Board Room

4:30 PM to 7:30 PM
10 spots available

March 23, 2026

@ The Health Board Room

4:30 PM to 7:30 PM
10 spots available

March 30, 2026

@ The Health Board Room

4:30 PM to 7:30 PM
10 spots available



ALL youth under the age of 12 must be accompanied by an adult



BONAPARTE YOUTH BOWLING EVENT



ATTENDEES WILL RECEIVE GAS CARDS AT THE EVENT.

LUNCH PROVIDED!

21 MARCH 2026

Falcon Lanes Bowling, 2020 Falcon Rd, Kamloops BC V2C 4J3

12:30 PM to 2:30 PM

PLEASE RSVP [YOUTH2@BONAPARTE.BAND](mailto:youth2@bonaparte.band) TO SECURE YOUR SPOT! LIMITED SPACE AVAILABLE!



RIDES CAN BE ARRANGED FOR YOUTH WITHOUT TRANSPORTATION. PLEASE CONTACT [YOUTH2@BONAPARTE.BAND](mailto:youth2@bonaparte.band)



MARCH 2026

BONAPARTE YOUTH ACTIVITIES



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	2	3	4 Open gym @ Quonset 3:30 PM - 5:30 PM	5	6	7
8	9 Ribbon Skirt/Shirt Sewing Classes @ Health Board Room 4:30-7:30	10	11 Open gym @Quonset 3:30 PM -5:30 PM	12	13	14
15	16 Ribbon Skirt/Shirt Sewing Classes @ Health Board Room 4:30-7:30	17 St. Patrick's Day	18 Open gym @Quonset 3:30 PM -5:30 PM	19	20	21 Youth Bowling Kamloops Trip
22	23 Ribbon Skirt/Shirt Sewing Classes @ Health Board Room 4:30-7:30	24	25 Community Workshop	26	27	28
29	30 Ribbon Skirt/Shirt Sewing Classes @ Health Board Room 4:30-7:30	31				





Akio Pierro Celebrates His 5th Birthday with Annual Pow Wow

Ashcroft Desert Sands Community School was filled with song, colour, and celebration as Akio Pierro marked his 5th birthday with his annual birthday pow wow.

The turnout was strong, with dancers, Elders, families, and visitors from multiple communities coming together to honour a young man who is clearly surrounded by love.

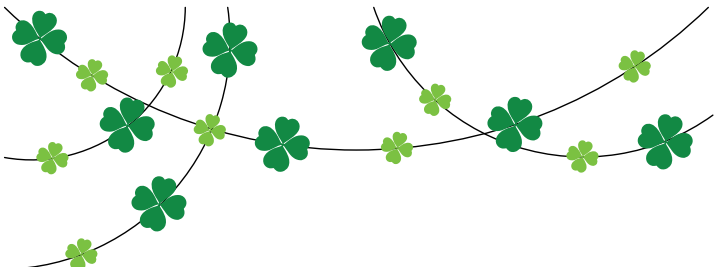
Standing proudly in his regalia, Akio was lifted up in a way that reflects the strength of our cultures – where milestones are celebrated with song, ceremony, and community. The flags stood tall, the regalia shone brightly, and the spirit in the room was powerful.

Akio is blessed with a strong, supportive mom and a family circle that goes beyond – showing up, organizing, encouraging, and ensuring he grows up deeply rooted in culture and identity. That kind of support matters. It shapes confidence. It builds pride. It creates belonging.

Celebrations like this remind us that when we lift up our children together, we strengthen future generations.

Happy 5th Birthday, Akio. May you continue to grow strong, proud, and supported every step of the way.

Kukwstsetsemc to everyone who came out to honour him.



Reminder to Social Assistance Clients Declaration Slips are due on, March 5th 2026. Please stop by the Health Centre and fill out a form for this month. By the end of the day March 5th, 2026.

Please complete/fill out form.
If you have just signed your name than it is incomplete please come in and complete your slips appropriately.

Declare all income earnings.
-Also Book your appointment for Annual Reviews.
Packages have gone out Last week.
Booking appointments March 31 - April 2, 2026
250-457-6233 ext: 242 Savannah
Thank you.





Apply Now! Spring 2026 Salmon Warriors Gathering

APPLICATION DEADLINE: Mon. March 23, 2026

EVENT DATES: Mon. May 11 to Wed. May 13, 2026

LOCATION: Castlegar, BC; Slocan, BC; Revelstoke BC

Young adults aged 19-29 from the Syilx Okanagan, Secwépemc, and Ktunaxa Nations are invited to join the first Salmon Warriors Spring Gathering, May 11-13, 2026. New and returning Salmon Warriors are encouraged to apply. This is a Tri-Nation Road Trip to witness and celebrate this year's annual Salmon Fry Releases in the upper Columbia River region.

Gather with Elders and community members from all three Nations to help Okanagan Nation Alliance's (ONA) ƛł ƛpáƛk stiń Hatchery and Fisheries Team release the fry that Salmon Warriors helped collect as eggs and fertilize during the annual Broodstock Collection in Fall 2025.

Dams have blocked our salmon from returning to the upper Columbia River for over 87 years; the salmon need their people. Apply now to join other young adults from our three Nations to learn and connect with one another, the water, and the land. Together, we are enacting our shared and generational responsibility to return the salmon to their rightful and ancestral home in the upper Columbia region.

WHAT TO EXPECT: Full attendance and participation is required throughout. On Monday May 11, we will carpool to Revelstoke and leave vehicles overnight in the Fairfield Inn Parking Lot. Salmon Warriors board the shuttle bus to Castlegar, where we will stay the night at the Super 8. Teambuilding activities, creating agreements, and storytelling will help us get to know each other along the way. On Tuesday May 12 we will participate in salmon fry releases in Castlegar and Slocan, and then travel to Revelstoke where we'll stay overnight. On Wednesday May 13 we will join the morning salmon fry release in Revelstoke, and then travel home.

SUPPORT: Hotel accommodation, meals, transport, and a \$500 honorarium will be provided. Bring warm clothing and be prepared to spend time outside by the river in cool spring weather.

FILL OUT AND SUBMIT THE APPLICATION FORM AT THIS LINK BY MONDAY, MARCH 23, 2026

For more information, please contact your Nation's Bringing the Salmon Home Outreach & Engagement Organizer:

Syilx Okanagan: Billie Jean Gabriel – billiejeangabriel@outlook.com

Ktunaxa: Autumn Patrick – autumn.patrick@ktunaxa.org

Secwépemc: Beverly Saul – culturalcoordinator@shuswapnation.org



Wellness Day

****Make sure
to arrive
early to get
your name
on the list**

March 11, 2026

10am - 3pm

@ Health Centre

- Haircuts
- Hot Stone Massage
- Table Massage
- Manicures
- Readings



ST'UXWTÉWS

Elders Spring Dance

A Special evening for Secwepemculecw Elders

~ LIVE BAND ~

RITCHIE & THE FEDERMEN



**APRIL
4TH**



**8:00PM -
MIDNIGHT**



**BFN
QUONSET
BUILDING**



**SPOT
DANCES**

Honouring Our Elders with music, visiting and dance

This is an Alcohol & Drug-free event

Hosted by Bonaparte First Nation Elders



A New Season
Warm Weather
More Blessings! Happy
First Day Of Spring

via Lovethatpic.com

Spring Equinox

In the Northern Hemisphere, when we enter the new year and the first sign of the Zodiac, Aries. This is the beginning of a new astrological year.

The Sun is exactly between the Winter and Summer solstice and it marks the first day of Spring. In the Southern Hemisphere it is the Fall Equinox which marks the first day of fall. We have a perfect balance between day and night today.

LAW OF
POSITIVISM



Housing Applications Still Being Accepted

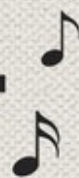
Housing applications are still being accepted for members interested in Band Housing. If you're interested or need help filling out an application, please reach out to Sierra for more information or support with the process.



Don't wait—getting your application in helps us better plan for current and future housing needs.



CASSETTE DIGITIZE WEEKLY INFO SESSION



Health Centre Board Room

****Every Sunday****

10AM-2:30PM

Lunch Provided

Do you have Secwepemctsin Cassette tapes with language recordings, songs, stories or family memories?

Join us for a hands-on class where you will learn how to digitize cassette tapes and preserve recordings for future generations.

What you'll learn

- How to use cassette digitization equipment.
- How to convert tapes into digital audio files.
- How to save, organize, and store recordings.
- Tips for preserving language and cultural materials.

What to bring

- Your cassette tapes.
- A USB drive.

Any further information please contact language@bonaparte.band



Youth Across Cultures Day Workshop

Join Kiva Morgan Hall, Dario Antoine & Isaac Anderson-Morgan for a full interactive and fun day of learning.

March 25th

9:30am - 4:00pm

Moccasin Square Gardens

Fresh Bannock with toppings provided



★ This is open to all youth in Kamloops & Area who are 13 -19 years of age. Limited spots, so please register as soon as possible.

Join Kiva Morgan Hall, Dario Antoine & Isaac Anderson -Morgan, for a powerful full day workshop that brings youth together through music, art, storytelling & active living.

This immersive experience invites participants to explore culture in a meaningful and creative way. Through shared stories, artistic expression, and interactive activities, youth will deepen their understanding of First Nations traditions while celebrating their own cultural identities. Youth Across Cultures is a space to listen, learn, create, and connect. Participants will build pride in who they are, gain insight into the rich history and traditions of First Nations communities, and experience the strength that comes from sharing culture across communities.

St'uxwéws youth are encouraged to apply.

For more questions or information, please contact Angie: angie@kcris.ca

Youth Across Cultures

Join Kiva Morgan Hall, Dario Antoine & Isaac Anderson-Morgan for a dynamic full day workshop bringing youth together through music, art, storytelling & active living.

Explore culture in a creative and meaningful way.

Learn about First Nations traditions while celebrating your own identity through shared stories, artistic expression, and interactive experiences.

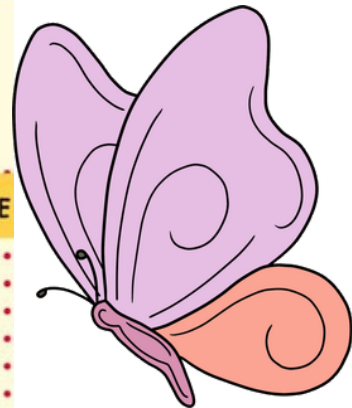
➤ **March 25th**
➤ **Moccasin Square Gardens**
➤ **9:30am -4:00pm**
More info: angie@kcris.ca

[HTTPS://BIT.LY/CC-YOUTHACROSSCULTURES](https://bit.ly/cc-youthacrosscultures)

Funded by / Finance par:

BRITISH COLUMBIA WelcomeBC Immigration, Refugees and Citizenship Canada Immigration, Réfugiés et Citoyenneté Canada

KAMLOOPS IMMIGRANT SERVICES TOGETHER WE'RE BETTER





First Nations Health Authority
Health through wellness



THE HEALTH DEPARTMENT PRESENTS

Lunch & Learn

M.A.I.D.

MARCH 5, 2026

Everyone
Welcome!

Time: 12:00 - 1:00pm

Where: Health Centre Boardroom
with Sher and FNHA Nurse

🌸 March 2026 🌸 Key Dates & Observances (Canada & BC)

- 🌐 Month-Long Observances
- Women's History Month
- Nutrition Month (Canada)
- Developmental Disabilities Awareness Month
- Brain Injury Awareness Month
- March really is a month of recognition, inclusion, and wellness.



DAYLIGHT SAVING TIME BEGINS



AT



LOCAL TIME



SPRING FORWARD ONE HOUR

Stuxwtéws



Support for families!

Family Reunions/Gatherings

One per year per request.

Must submit have names of those confirmed to attend.

Must be within the fiscal year April 1st, 2025 to March 31st, 2026.

Must be registered for direct deposit with the band.

One per family group: List of names will be monitored

Please provide list of names confirmed attendance:

List of 35 and over can be eligible for up to \$ 600.00 to help with food costs (receipts required)

List of 70 and over can be eligible for up to \$1200.00 to help with food costs (receipts required)

This funding is to encourage families to get together in a positive way to share historical stories and pictures and create those memories that will last for generations to come.

Family trees are a good example to share with your young ones.

Must submit an article for the newsletter for all to enjoy.

Send your request along with list to Socialdev@bonaparte.band or call 250-457-6233 ext. 239

Please feel free to contact Angie Thorne-Social Development Manager if you have any questions and have fun and plan away.

Note: We encourage the use of your own lands which can include booking Loon Lake campground with Reception@bonaparte.band



BONAPARTE FIRST NATION GENERAL MEETING

MARCH 28TH, 2026
10AM-3PM

CACHE CREEK HALL
1270 STAGE ROAD

LUNCH @ NOON
agenda to follow

ZOOM
meeting id: 96732776221
passcode: 905272

Questions or concerns contact:
Marilyn Porter 250.457.9624 ext 235
or 250.457.3949
OR
Honey Johnson Minnabarriet
250.457.9624 ext 240 or
250.280.5010





CCP ENGAGEMENT MEETING

13th of March 2026

10:00am-3:00pm

OPEN
HOUSE

Cache Creek Community Hall - 1270 Stage Road Cache Creek

10:00 am - 12:00

Meet and greet BFN Managers and
department Heads

Interactive dialog with BFN department

12:00 pm 1:00 pm

LUNCH

1:00 pm - 3:00 pm

Fun and Games with Urban Systems

Bingo games

Scavenger hunt



World Indigenous Games

TAIWAN 2025
DECEMBER 5-15

Reflections of Taiwan Experience

**World Indigenous Games –
Taiwan 2025 Recap**

copy & paste the link below to watch.

or watch on Facebook & the BFN APP

<https://acefilm.vids.io/videos/ee9bddbb1b16e2c064/taiwan-reflection-fc-2/download?type=source>





Job Opportunities

- Statistics Canada – Census Jobs
- Secwepemc Child & Family Services Agency is hiring:
 - Direct Support Worker
 - Family Enrichment Worker
- SNTC – Finance Director
- Xat'sull First Nation – Youth Coordinator
- Historic Hat Creek Ranch - General Manager (Open until filled)

👉 *For more information, check out the BFN Facebook Page or call BFN Reception.*

GARBAGE DISPOSAL SERVICES

PICK-UP DAYS

GARBAGE - WEDNESDAYS

RECYCLING - THURSDAYS



Reduce
Reuse
Recycle

Household Responsibility

- Securely bag all garbage
- Place recycling properly in bins
- Keep bin lids fully closed
- Break down boxes
- Clean up loose debris around bins
- Place bins properly for pickup



Public Works is responsible for pickup only.

- They are **not responsible** for picking up loose garbage around bins or boxes.
- Overflowing or scattered garbage attracts rodents and insects and creates safety concerns.

Let's work together to keep St'uxwtéws clean, safe, and respectful for everyone.

Boston Flats Eco-Depot

One stop shop for all your disposal and recycling needs

Hours of Operation

Year-round
Tues - Sun 8-4

**Site closed Christmas Day, Boxing Day, New Years Day and is open all other regularly scheduled days*

Accepted Materials

Household Garbage	\$90/t or \$1 per bag
Household Recycling	Free to Recycle
Tires	Free to Recycle
Cooling Appliances fridge, freezer, water cooler	Free to Recycle
Lg Appliances, Scrap Metal, Propane Tanks	Free to Recycle
Electronics, Small Appliances	Free to Recycle
Brush and Branches	Free to Recycle
Batteries - Household, Automotive	Free to Recycle
Mattress and Boxspring	Free to Recycle
Wood Waste/Asphalt Shingles Separated from other construction material	\$100/t [\$5 min. charge]
DLC demolition, land clearing, construction	\$250/t [\$13 min. charge]
Asphalt/Concrete Separated from other construction material	\$30/t [\$2 min. charge]
Used Oil and Paints	Free to Recycle



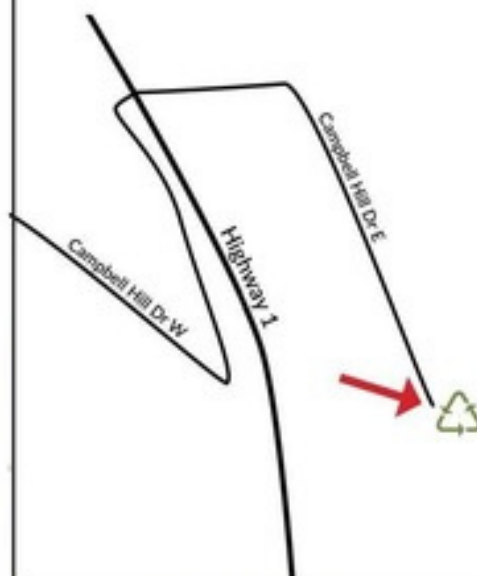
VISA



*Disposal fees can be paid by Credit, Debit, or Eco Card.
Cash is not accepted.

Have an unusual or odd load? Give us a call ahead of time

1180 Campbell Hill Drive East



What is ...

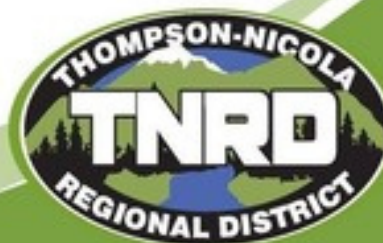
Household Garbage?

Solid waste generated from the day to day activities of households and non-industrial businesses. Typically, this waste will fit in bags but can include larger items used around a property such as a garden hose.

DLC?

(Demolition, Land Clearing, and Construction)

Solid waste generated from activities such as renovations, industrial work, and grubbing. Any material that is designed to be part of a house or building is considered DLC.



tnrd.ca | 250.377.8673 | recycleright@tnrd.ca

Be sure to follow us for all the latest information



Revised Jan 2024

The Honouring our Young Women Pow Wow Committee and
Simpew invite you to,



THE 23RD ANNUAL HONOURING OUR YOUNG WOMEN POW WOW

Date: April 25 & 26, 2026

Location: Simpew Gym, 7555 Dunn Lk Rd, Barriere

GRAND ENTRY

Saturday: 1pm & 7pm

Sunday at 12pm

SPECIALS:

Honouring Young Women

Honouring Young Men

2026 Princess Pageant -

Registration on Saturday

Host Drum: Selected daily
Additional 3 drums paid daily
Drums, please register ahead

Whipman: Everett White

MC: Derek Sheena

CONCESSION: Saturday
50\50

Loonie Auction

Vendors: \$100 for the weekend
plus 1 item to committee

**No outside concessions or walk-
around raffles**

Dry Camping on site



Contacts:

Shelley Frank-778 208 2307 -
Vendor & Drum Registration

or

Shelly Loring-250 401 3046

THIS IS A DRUG & ALCOHOL FREE EVENT,
THE POW WOW COMMITTEE IS NOT
RESPONSIBLE FOR LOST OR STOLEN ITEMS
OR ANY INJURIES DURING THE EVENT.

Mark your calendars

Boogie the Bridge 2026 is happening Sunday, April
26!

Until then, here's a little throwback magic from
past Boogie moments — full of movement, smiles,
and community spirit. Huge shoutout to Tracy
Mounsey Photography for capturing these
incredible memories so beautifully.

We can't wait to see the Sea of Red back on the
bridge!

#BoogieTheBridge #Boogie2026 #MarkTheDate
#SeaOfRed



**SFU First Nations, Métis and Inuit
Student Association**

**4th Annual
Honouring Indigenous Students**

Traditional Powwow

SAVE THE DATE

APRIL 11 2026

DOORS OPEN AT 10AM

GRAND ENTRY AT 12PM AND 6 PM

LOCATION:

WEST GYM, SIMON FRASER UNIVERSITY

UNCEDDED TERRITORY OF THE
TSLEIL-WAUTUTH, KWIKWETLEM, SQUAMISH &
MUSQUEAM NATIONS

DETAILS TO FOLLOW
FOR MORE INFORMATION VISIT:
[FNMISA.CA/POWWOW/](https://fnmisa.ca/powwow/)

Chief & Council Recap - Governance in Action

February 23, 2026

Chief and Council met on February 23rd to review governance matters, community priorities, economic development opportunities, and operational updates. Below is a summary of key discussions and next steps.

Governance & Membership

Council reviewed governance updates, including continued implementation of the finalized Strategic Plan and progress toward developing the Trespass Bylaw, which will move through further readings and committee work.

Several new members were formally welcomed into the Nation. Elders shared remarks and a welcome song, recognizing the importance of belonging, identity, and strengthening our community for future generations.

Upcoming Dates:

March 13 – Open House in Cache Creek

March 28 – Membership Meeting (Membership Code introduction and discussion)

March 30 – Next Chief & Council Meeting

Community Operations & Workplace Wellness

Council discussed operational matters including staffing turnover, maintenance needs, and overall workplace wellness. There was support for organizing a healing circle to help strengthen working relationships and restore a positive team environment.

Additional operational discussions included:

Improving coordination and communication with RCMP

Reviewing archival systems and pursuing funding for improved data retrieval and mapping integration

Addressing damaged community tents and clarifying departmental responsibilities

Developing clearer policies to support Elders with mobility or medical needs on community trips

Exploring funding options for accessible vehicles

Economic Development & Environmental Stewardship

Green Energy & Data Centre Project

Council approved moving forward with feasibility studies for a proposed Green Energy Solar & Data

Centre Project, to be explored in partnership with 1% Holdings. Early-stage work will assess land considerations and overall viability before any future decisions.

Fortescue BC Exploration Presentation

Representatives presented early exploration plans involving airborne surveys and potential small-scale drilling. Council emphasized the importance of:

Meaningful community consultation

Protection of culturally and environmentally sensitive areas

Transparent reporting and engagement with members

The presentation will be on the BFN App for members-only view. Further engagement opportunities will be scheduled.

Recycle BC Program

An overview of the Recycle BC program was presented, outlining potential benefits of joining the curbside recycling program. A follow-up in-person presentation will be arranged.

Insurance & Elder Benefit Review

TIPI Insurance Services presented options for reviewing and strengthening:

Group insurance coverage

Enhanced elder benefits (vision, dental, prescription, specialized care)

Life insurance options

Property and building insurance coverage

Council requested further comparisons and information to ensure members receive strong, competitive coverage that meets community needs.

Moving Forward

Chief and Council remain focused on:

Strengthening governance

Protecting lands and rights

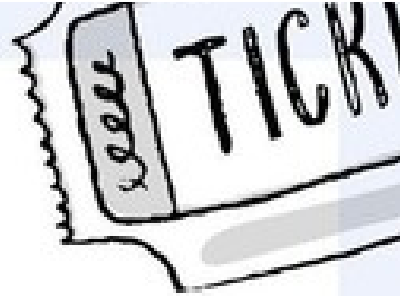
Supporting Elders and families

Advancing sustainable economic opportunities

Maintaining transparency and accountability

We thank all presenters, staff, and community members who continue to contribute to building a strong and resilient Nation.

Elders Raffle



Draw will be done live on
Facebook on March 9th @ Noon
\$5.00 / ticket
tickets at front desk



1st Prize Eagle Picture

2nd Prize Beaded Hat

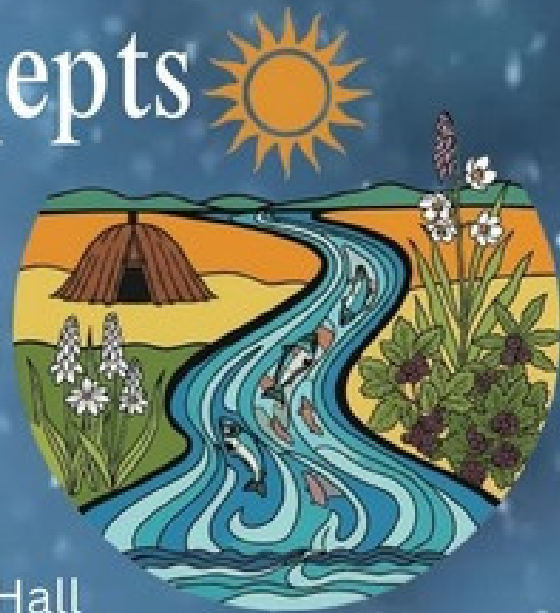
3rd Prize Beaded Lanyard Necklace

4th Prize Feather Box



S7istk ell Sqepts

Solstice



MARCH 6TH 2026

Cache Creek Community Hall

9:00AM-5:00PM

Lunch/Dinner provided

- Learn winter-themed words, phrases.
- Language Through Storytelling.
- A space to listen, reflect, and connect.
- Honouring Our Language of our Ancestors.
- Master of Ceremonies: Dario Douglas

- Keynote Speakers: - Peter NotsoWhite Yawan Nukiy Tribe
"From Foster Care to Freedom"
- Sonny Prairie Chicken "Secwepemctsin"
- Jakob Knudsen "digitizing"

- Cultural Activities: - Tanning Hide with Jakob Knudsen
- Beading Kits
- Deer Hoof Rattles
- Hand Drum Painting

Door Prizes

Cultural
Activities

Family
Friendly

Educational

ANY FURTHER INFORMATION PLEASE
EMAIL: LANGUAGE@BONAPARTE.COM

COMMUNITY WORKSHOP

March 25-27

9am-3pm



The Health Department and Elders Group present: Medicine Wheel Teachings with Dave Belleau from the Esk'etemc Band.

This 3 day workshop will outline the teachings of the medicine wheel and how our values and beliefs can be formed from this amazing holistic framework.

Traveling from out of town? Ask about support with accommodations.

Join us for this interactive and educational workshop. Ages 11+ Lunch and snacks provided.

Please email

youth2@bonaparte.band to secure your spot Space is limited

Historic Hat Creek Ranch Hwy 99

HEALTHY RELATIONSHIPS PROGRAM (HRP)

Location: Thompson Hotel
(small banquet room)
650 Victoria Street, Kamloops BC



Facilitated by: Jim Cooley
March 9 - 12, 2026

Monday to Thursday 9:00 a.m. to 4:00 p.m.

4-day program - is open to persons/adults aged 18+, male, female or two-spirit, couples, Indigenous or non-Indigenous. The program offers: information on how behaviour/actions affect our relationships plus knowledge, skills, and basic tools to assist you to stop the violence in your life whether personal, in work place or other surroundings. Receive certificate of attendance upon completion.

Learn about values, beliefs and behaviour; effects of violence and abuse on children; what is abuse; respectful communication; feelings and emotions; gender roles, stereotypes and relationships; dealing with anger; impact of violence and abuse on women/men; power and control in relationships; planning to stay free of violence and intergenerational trauma.

Registration: no cost - maximum 10 participants.

Manuals, materials, resources, and light lunches are provided.

NO childminding is available.

Kamloops City bus or parking is available.

To register or for more information contact:

Edith Fortier at 250-318-7591 or email edith4@live.ca or Jim Cooley at 778-257-4559
EMAIL your name, email address, and phone number to register.

If you are feeling sick, please stay home.

Spots are limited! If you register but can't attend, please call/email to cancel so we can offer your spot to someone on the waitlist.

Fundraiser for Ben Pierro's hockey tournaments



THURSDAY, MARCH 5TH

DOORS OPEN AT: 4:30PM
GAME STARTS AT: 6:00PM

CONCESSION - LOONIE AUCTION - 50/50

contact Mona Pierro 2504573504 for information, loonie auction drop off or to volunteer

Leading the future

MAY 29 & 30, 2026



CHIEF ATAHM SCHOOL
LANGUAGE CONFERENCE

at
Chase, BC



Registration is Now Open
For more Info: atahm.media@gmail.com

**YOUTH
DROP IN SPORTS
@ QUONSET**



3:30 PM TO 5:30 PM

**MARCH 4TH, 11TH,
AND 18TH.**

FLOOR HOCKEY,



**BASKETBALL, VOLLEYBALL,
AND INDOOR SOCCER.**

SEE YOU THERE!



Save the Date!

**** MEMBERSHIP ADDRESS
UPDATE ~REFERENDUM,
VOTER'S LIST, ETC...****

IMPORTANT

Contact Membership,
Terri Allan @ 250.457.9624

Stay Connected with the
BFN App

Make sure you have the BFN App downloaded and check it regularly. Important news, updates, and opportunities are often shared on the app and may not always appear on Facebook or in the newsletter. Staying connected through the app helps ensure you don't miss out on information that matters to you and your family.



INDIGENOUS TOURISM CONFERENCE

Cache Creek

Sharing Our Stories:
Strengthening Local
Economies Through
Culture & Connection

April 21-23, 2026
Secwépemc Territory
Cache Creek, BC

SAVE THE DATE: JULY 10-12, 2026



In Loving Memory of Tenalth-T (Gloria Nahanee)

4TH ANNUAL MEMORIAL

SQUAMISH NATION YOUTH POWWOW

WHERE: XWMELCH'STN Capilano Reserve Park, West Vancouver, BC

WHEN: JULY 10-12, 2026

Host Drum: Cree Confederation

Invited Drums: Blackstone, Blacklodge, Chiniki Lake, Sharpshooter

\$20,000 DRUM CONTEST (1st Place)

Dancer Category	1st Place	2nd Place	3rd Place	Drum Contest	Payout Amount
Juniors	\$300	\$200	\$100	1st Place	\$20,000
Teens	\$500	\$400	\$300	2nd Place	\$10,000
Adults	\$1,000	\$500	\$400	3rd Place	\$5,000
Golden Age	\$600	\$400	\$300	4th Place	\$2,500

General Inquiries: squamishnationpowwow@gmail.com

Vendor registration open soon!



Latest information when crossing the Canada-United States border as a person registered under the *Indian Act*



Here's what your community members need to know

Every country or territory decides who can enter or exit through its borders and the Government of Canada cannot intervene on behalf of Canadians who do not meet entry or exit requirements for the United States (U.S.).

Consular officials provide assistance to Canadians detained abroad (including by United States Immigration and Customs Enforcement (commonly referred to as ICE)) in accordance with the [Canadian Consular Services Charter](#).

TIPS before you travel to the United States

Check [Travel advice and advisories for United States](#) for the latest information on safety and security, entry and exit requirements, consulate contact information, and more.

Sign up with the [Registration of Canadians Abroad](#) system to receive important updates.

If you're crossing the Canada-U.S. border for travel purposes with a status card

Registered persons, regardless of where they are born, have the right to enter and remain in Canada. Although any valid version of the status card can be presented to enter Canada, there may be a difference between the requirements to enter Canada and the requirements to enter the U.S.

While in the past you may have been able to enter the U.S. with any valid version of the status card, Indigenous Services Canada (ISC) now strongly recommends carrying a valid passport when you are travelling outside of Canada in addition to your Secure Certificate of Indian Status (SCIS), also known as the secure status card.

If you're already registered under the Indian Act and need your secure status card on an urgent basis, for example, to return to Canada, you can apply at any time, free of charge, and request priority processing. **Acceptance of all status cards is entirely at the discretion of U.S. officials.**

Status cards can't be used to cross the Canada-U.S. border by air.

If you're entering the U.S. to live and work as a registered person

You may be asked to provide documentation to prove the percentage of Indian blood required under U.S. law. For example, they may request a letter from Indigenous Services Canada or your First Nation. Indigenous Services Canada can issue a letter of ancestry confirming registered ancestors, but it does not list a person's blood quantum. You may be asked for more documentation.

[Get, renew or replace a status card](#)

[Crossing the Canada-U.S. border with a status card](#)

[Indigenous travellers](#)

INTERNATIONAL
Women's Day
8 March



Women's
EQUALITY DAY

Understanding the Jay Treaty: What It Means

Many of our people have asked about the Jay Treaty and what it means for Indigenous Nations today.

The **Jay Treaty**, signed in 1794 between the United States and Great Britain, included a provision recognizing that Indigenous peoples have the right to freely cross the U.S.-Canada border. Long before that border was created, Indigenous Nations lived, travelled, traded, and maintained family connections across these lands.

Article III of the treaty acknowledged that reality – that the border should not divide Indigenous peoples from their territories, relatives, and livelihoods.

How It Applies Today

Today, the **Jay Treaty** is recognized in United States law. Indigenous people born in Canada who can demonstrate at least 50% Indigenous ancestry may be eligible to:

- Enter the United States without a visa
- Live and work in the United States
- Apply for a U.S. Social Security number

This is often referred to as “Jay Treaty status.”

It is important to understand that Canada does not recognize the **Jay Treaty** in the same way the United States does. Entry into Canada is governed by Canadian law, and the treaty does not automatically grant reciprocal rights for U.S.-born Indigenous people entering Canada.

Why This Matters

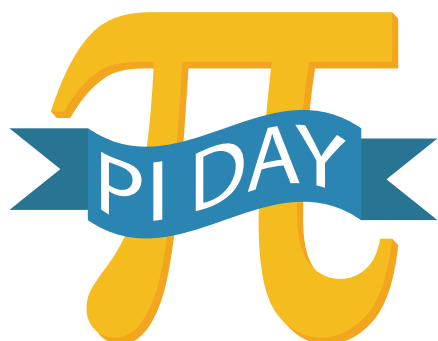
For many Indigenous Nations, including those with cross-border family and cultural ties, the Jay Treaty represents recognition that our Nations existed long before colonial borders were imposed.

While it does not erase the complexities of modern immigration systems, it remains an important legal acknowledgment of Indigenous mobility and inherent rights.

If members have questions about whether Jay Treaty provisions may apply to their personal circumstances, we encourage seeking legal or immigration advice to understand eligibility and documentation requirements.

As a Nation, it is important that we continue learning about the legal frameworks that impact our people – both historically and today.

As St’uxwtéws continues strengthening relationships across borders and preparing for future international engagement, understanding these legal frameworks supports our members in navigating travel confidently.



REGISTER NOW!
REGISTER NOW!
REGISTER NOW!

2026 Soccer Registration is OPEN!

Sign up your child today and secure their spot for another season of fun, teamwork, and skill development!

- ✓ \$100 volunteer fee included (refunded after verified participation)
 - ✓ Each registration & gear item has its own secure payment link via SportsPay
- Register now: <https://www.scmsa.ca/register> (see comments for the link!)

Frankly Speaking...

Frank Caputo
Member of Parliament
Kamloops-Thompson-Nicola

Reading the 2026 Criminal Code with my change from "child pornography" to "child sexual abuse and exploitation material".

✉ frank.caputo@parl.gc.ca [frankcaputomp.ca](https://www.frankcaputo.ca) [@frankcaputoktn](https://www.facebook.com/frankcaputoktn) [@frankcaputoktn](https://www.twitter.com/frankcaputoktn)

MP YOUTH LEADERSHIP AWARD

- FEBRUARY 2026 -

Dear friends,

This is the first edition of Frankly Speaking, an informal newsletter where I can keep you up to date on my work as your Member of Parliament (MP).

I strongly believe in inspiring and encouraging the next generation of civic leaders. Canada needs engaged and knowledgeable people involved in all levels of government to keep us moving towards a bright future.

If you know a young person — whether a friend, family member, neighbour, or student — who goes above and beyond to make a difference, I would love to hear about them.

The MP Youth Leadership Award celebrates outstanding students in Kamloops—Thompson—Nicola who show leadership in their school or community.

There are two nomination

categories: Grades 7-9 and Grades 10-12.

Nominations are now open on my website and will be accepted until May 1, 2026. Award recipients will be contacted in the weeks following the deadline.

Help me shine a light on the incredible youth who are shaping our community and bringing you hope for the future of Canada. I look forward to sharing more about the successful nominees in a future newsletter.

Sincerely,



Frank Caputo,

MP
Kamloops—Thompson—Nicola
Shadow Minister for
Public Safety

KAMLOOPS OFFICE

6-275 Seymour St.
Kamloops, BC
V2C 2E7
Tel. 250-851-4991
Fax. 250-851-4994

OTTAWA OFFICE

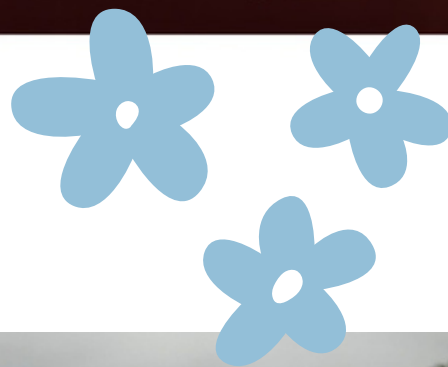
Justice Building
Suite 313
Ottawa, ON
K1A 0A6
Tel. 613-995-6931
Fax. 613-995-9897



New
in BC

Permanent Daylight Saving Time

Starts Sunday, March 8



THE MELAWMEN COLLECTIVE ON TOUR IN BC

MAR 14 · UCLUELET, BC
ARMY & NAVY

MAR 20 · DUNCAN, BC
DUNCAN SHOWROOM

MAR 17 · PORT ALBERNI, BC
CHAR'S LANDING

MAR 22 · KAMLOOPS, BC
BLUE GROTT

MAR 19 · VICTORIA, BC
GARDEN CITY GROOVES FESTIVAL

MAR 27-29 · PENTICTON, BC
IGNITE THE ARTS FESTIVAL

OPENING SET BY NUU-CHAH-NULTH / SECWÉPEMC
HIP HOP ARTIST KIVA MH

TICKETS ONLINE & AT THE DOOR





SPRING INDOOR MARKET

MARCH 7TH 10-2PM

LIMITED TABLES

\$15 EACH

Call 250-453-9177 or
office@ashcrofthub.com to reserve a table



Statistics
Canada

Statistique
Canada

HM-133-26

NOW HIRING FOR 2026 CENSUS JOBS!

The next Census of Population will take place in the spring of 2026. The census provides high-quality data that your community can use to help plan services like employment, childcare, education, and healthcare. Statistics Canada is hiring people to help communities complete their census questionnaires.



Benefits of the 2026 Census for Indigenous Peoples



Data provided by First Nations people, Métis, and Inuit across Canada can help communities and all levels of government plan and evaluate programs related to Indigenous languages, education, housing, community health, and social services.



Join the 2026 Census team

You can use your local knowledge to help conduct the census and help ensure that all households are counted. Gain valuable experience and develop skills that employers are looking for. Your contribution to the census can help your community plan and shape its future.

What types of jobs are available?

Census jobs are short-term positions focused on collecting census questionnaires from households in your community. The work takes place between **March and July 2026**, depending on the role and location.

Enumerator (non-supervisory position):

As an enumerator, your primary responsibility will be to collect census data by completing questionnaires with members of the community.

Crew Leader (supervisory position):

As a crew leader, you will train, supervise, and support a team of enumerators.

Rates of pay

• Pay is **\$25.87 per hour** for non-supervisory positions and **\$31.32 per hour** for supervisory positions, plus authorized expenses.

Are you or is someone you know interested in a census job?

To apply, you must be

- the age of majority in your current province or territory of residence:
 - Provinces where the age of majority is 18: Alberta, Manitoba, Ontario, Prince Edward Island, Quebec and Saskatchewan.
 - Province and territories where the age of majority is 19: British Columbia, New Brunswick, Newfoundland and Labrador, Northwest Territories, Nova Scotia, Nunavut and Yukon.
- a Canadian citizen or otherwise eligible to work in Canada.
- available to work flexible hours during days, evenings, and weekends.



Apply now and
tell a friend
census.gc.ca/jobs

If you need assistance with your application,
please call 1-833-830-3106
Teletypewriter (TTY): 1-833-830-3109

Canada

Please Post on Bulletin Board

Nicola Valley Junior Native Hockey Association

PO Box 1294, Merritt, BC V1K 1B8

Fax: (250) 378-2025 - Phone: (250) 378-4905

Email: billbose2012@yahoo.com



36th Annual



Under 9 (2020, 2019, 2018, 2017)

Under 11 (2016, 2015)

Under 13 (2014, 2013)

Under 15 (2012, 2011)

Under 18 (2010, 2009, 2008, 2007) - 1st yr Juvenile

**In the Beautiful Nicola Valley At Merritt &
Shulus Arena**

PLAN TO ATTEND - SUPPORT THE YOUTH

March 26, 27, 28, & 29, 2026

Daily Admission \$5.00 per person

Children Under 12 and Seniors Free Admission

[Heading to Merritt to watch the youth play?](#)

Employment Opportunity

Wellness Worker



Position Summary

Bonaparte First Nation (BFN) is seeking a Full-Time Wellness Worker to support the physical, mental, emotional and spiritual health of Indigenous people and communities through culturally grounded, trauma-informed approaches.

Reporting to the Health Director, the Wellness Worker will provide confidential peer support, assist clients in identifying wellness goals, coordinate referrals to treatment services, and support prevention and community wellness initiatives.

This role promotes healthy lifestyles through one-on-one support, workshops, community events, land-based healing activities, and public education opportunities.

The ideal candidate is community-minded, self-motivated, compassionate, and committed to culturally safe service delivery rooted in Secwépemc values.

Roles and Responsibilities

1. Deliver culturally respectful wellness programs and services aligned with Secwépemc teachings
2. Traditional healing methods including ceremonies, plant-based medicines, and other culturally specific practices
3. Conduct client intake, assessment, documentation, and referral coordination
4. Providing safety planning, advocacy, and crisis response support
5. Promote healthy lifestyles and prevention programming
6. Maintain confidential client records in accordance with privacy standards
7. Collaborate with Health Department staff and external service providers
8. Support land-based healing initiatives and cultural activities

Qualifications

- Diploma or degree in social services, mental health or related field
- Indigenous holistic wellness and addictions certificate (preferred)
- Knowledge of Indigenous history, values, beliefs, and healing practices
- Strong active listening and communication skills, -ability to effectively interpret verbal communications and needs of community members
- Ability to provide culturally safe and trauma-informed services
- First Aid / CPR certification

Conditions of Employment

- Criminal Record Check (vulnerable sector)
- Valid BC Driver's License and reliable transportation
- Class 4 is an asset
- Ability to maintain strict confidentiality

Preferred Skills

- Supports the integration of culturally informed practices into service delivery, including Indigenous ways of knowing, healing, ceremony, culture and spirituality
- Supports land-based healing initiatives and cultural activities
- Supports individuals in their recovery from substance use and/or mental illness
- Ability to practice using culturally safe and trauma-informed approaches
- Understanding Indigenous history, worldview, perspectives, beliefs

Worksite Location:

Bonaparte First Nation
2689a Sage Hill Road, Hwy 97N, Cache Creek BC, V0K 1H0

Salary: \$60,000-\$75,000 Dependent on the qualifications and experience of the candidate.

Apply: Please submit Resume, Cover Letter and three (3) References to: HR@bonaparte.band

Closing Date: March 16, 2026 @ 1 pm



Tax Free
Tires
First

Auto Maintenance
Nation

Owned
Chewing Tobacco

Operated
Cigarettes

THUNDERBOLT
GARAGE
EST. 1984
Street Rods - Muscle Cars

Arthur Morgan
Box 635
Cache Creek B.C.
V0K1H0
Bonaparte First Nation
amorgan1864@yahoo.com
Bus: 250-457-3332
Cell: 250-457-3536

Oil Change
Shocks-Struts
Brakes
Rotors
Tune ups
Wiper Blades
Local Honey
Windshield Washer
Quad Tires
Commercial Tires
Tax Free

Tax Free

❄️ Time to Book Your Winter Tire Change! ❄️

Winter's coming fast — make sure your vehicle's ready for the snow and ice!

Call AM Tires today to:

- ✅ Book your winter tire change
- ✅ Order new tires for your car, truck, or SUV
- ✅ Or check out our selection of good-quality used tires

We offer quick, reliable service to keep you safe and rolling all season long.

☎ Call or stop by to book today: 250-457-3332

Thank you for supporting local First Nations business— from all of us at AM Tires, kukwstsétsemc!

Need Support? You're Not Alone

If this winter season feels heavy, support is available. Reaching out is a sign of strength.

Canada-wide, 24/7 supports:

- Hope for Wellness Help Line (Indigenous support)
- ☎ 1-855-242-3310
- 💬 Text HOPE to 45645
- Indian Residential Schools Crisis Support Line (IRSS)
- ☎ 1-866-925-4419
- Talk Suicide Canada
- ☎ 1-833-456-4566
- 💬 Text 45645 (evenings) or 988
- Kids Help Phone (Youth & Young Adults)
- ☎ 1-800-668-6868
- 💬 Text CONNECT to 686868

You do not have to carry things alone.

8TH MARCH

International **Women's Day!**

Celebrating the **strength** and voice of every **woman** in the world.

